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## 2021 VISITOR'S GUIDE

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## Flamenco Music in the Courtyard

Flamenco Guitarist "Gaetano" will be performing authentic Gypsy style Flamenco through soulful songs and fiery guitar. Gaetano, who was raised in Seville, Spain, brings a charismatic and traditional approach to the Flamenco genre. Performances start first week in April, 2021 and throughout the spring, summer and fall season every Sunday, Monday and Tuesday, 5:30 to 7:30 pm.



"Gaetano" Musician in Residence



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## GUIDEBOOK

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## HOW TO USE THIS GUIDE

*Sedona's Best* Guidebook is divided into various color-coded sections, so you can easily locate what you need. Each directory has a map as well as a detailed listing.

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Red Rock Crossing  
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- Chronic Fatigue Syndrome
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- Pelvic Floor Pain & Dysfunction
- Urinary Incontinence
- Urinary Urgency
- Vulvodynia
- Painful Scars
- Problematic Breast Implant/Reduction Scars
- Menstrual Problems
- Endometriosis



# *Welcome to* **SEDONA!**

Sedona, a land of timeless beauty, is surrounded by magnificent, natural red rock sculptures and pristine National Forests. Standing about 4,300 feet above sea level, Sedona is centrally located less than two hours north of Phoenix and just two hours south of the Grand Canyon. Perhaps one of the most spectacular secrets of the world, Sedona enchants millions of visitors (and native Arizonans) each year. Erosion has sculpted this panoramic masterpiece for over 350 million years! Ancient Indians believed that Sedona was a sacred land and today their ruins still dot the area. In what is notably referred to as Red Rock Country, the rock formations have been given many affectionate names by the residents such as: Snoopy, Bell Rock, Coffee Pot Rock and Cathedral Rock. Sedona's natural beauty has also attracted movie stars and film producers, like Walt Disney, for decades.

Today, Sedona is a major cultural center for the arts in the West and is home for over 40 galleries and dozens of internationally acclaimed artists and writers. Bustling with major cultural events, four-star resorts and restaurants, championship golf courses, exciting adventure

tours, several national and state parks, and one-of-a-kind shopping Sedona is certainly a destination of unforgettable experiences!

Any season is a wonderful time to visit Sedona. Each of the four seasons has its own special delights. It is a haven from Phoenix's extreme summer heat, and usually about 20 degrees warmer than Flagstaff in the winter. Sedona's altitude gives it a unique, mild climate all its own. Plan to stay for several days because you won't want to miss all the exciting things to see and do. Sedona's Best hopes to make your stay in Sedona more pleasant by guiding you around town with maps and recommended stops. As you travel through Sedona, you may become mesmerized with a sense of wonder at this gem of nature called Sedona... a treasure perhaps unmatched on this earth! We invite you to enjoy this treasure and share in our respect for this precious land, just as the previous ancient inhabitants did, so generations yet to come may also know the beauty you experience here.

Welcome to the Beauty of Sedona!

*Joey Best* PUBLISHER



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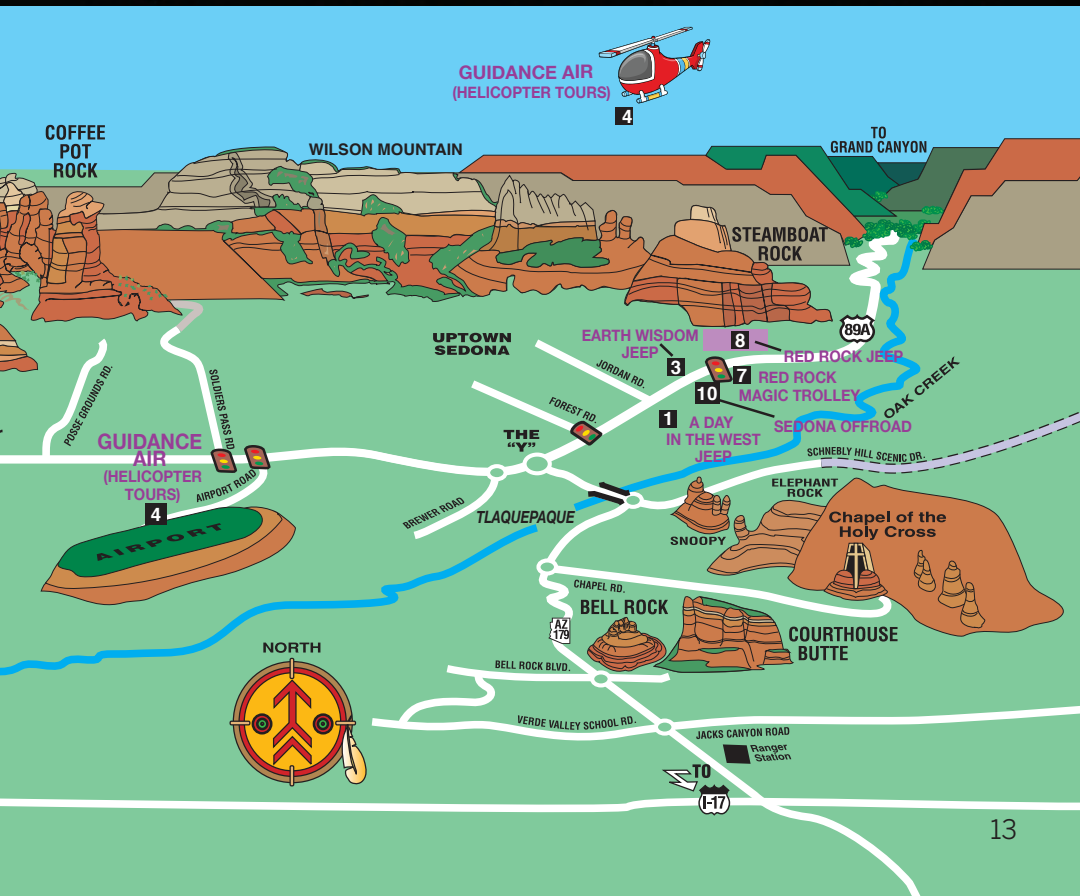
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### 2. ALCANTARA VINEYARDS

Alcantara is a family-owned, local business that began in 2004. Alcantara Vineyards has over 20,000 vines and offers 17 different varietals set amid the confluence of the Verde River and Oak Creek. With wine tastings, river trips, weddings, weekend barbecues and massages, you'll find something for everyone. Open Daily 11 am - 5 pm • 3445 S. Grapevine Way, Cottonwood, Arizona 86326 • 928-649-8463 • AlcantaraVineyard.com

### 3. EARTH WISDOM JEEP TOURS

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### 4. GUIDANCE AIR: HELICOPTER TOURS OF SEDONA

Sedona's premier helicopter tour operator is rated #2 of 136 outdoor activities in Sedona by Trip Advisor, and #3 in the nation by USA Today. See the beauty of the red rocks from a truly awe-inspiring perspective! Everyone gets a window seat with spectacular views and members from the same household are the only guests in the helicopter at a time. Create an extraordinary experience such as an intimate dinner and sunset flight or your own custom charter adventure to the Grand Canyon! Visit us at 1200 Airport Rd., Sedona, AZ 86336. Call 928-351-1000 to reserve your flight or book online at GuidanceAir.com

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### 6. PREDATOR ZIP LINES

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### 7. RED ROCK MAGIC TROLLEY

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### 8. RED ROCK WESTERN JEEP TOURS

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### 9. SEDONA FILM FESTIVAL

The 27th Annual Festival will take place June 12-20, 2021, in Sedona, Arizona. And the 28th Annual Festival will take place February 19-27, 2022. The nine-day festival features more than 160 films, including features, documentaries, shorts and animation. Filmmakers and audiences from around the world have heralded Sedona's festival as one of their favorites. The festival workshop series brings Academy Award-winning industry professionals to Sedona to teach, inspire and share their

*cont. on pg. 16*



# SEDONA

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27th Annual Festival:  
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28th Annual Festival:  
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*SEDONA FILM FESTIVAL cont. from pg. 14*

knowledge with the next generation of filmmakers. Students get a once-in-a-lifetime chance to work shoulder-to-shoulder with the industry's finest. • For more information, please call the festival office at (928) 282-1177 or visit • [SedonaFilmFestival.com](http://SedonaFilmFestival.com)

### **10. SEDONA OFFROAD ADVENTURES**

We are the ONLY tour company providing exclusive Hummer Tours in Sedona's stunning back road country. Cafe & Gift Shop next door • Located in Sinagua Plaza, Uptown Sedona. Free parking in the back! 320 N. SR 89A, Sedona, AZ 86336 • 928-282-6656 • [SedonaJeepTours.com](http://SedonaJeepTours.com)

### **11. SEDONA XPERIENCE**

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### **12. VERDE ADVENTURE TOURS**

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- 671 SR 179, A-CT6 • 928-282-0227
- AStepUpSedona.com

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area with a pleasant light and bright atmosphere. The perfect spot for your shopping partner to sit and relax while you explore the store. • Open seven days a week, 9 a.m. to 6 p.m. • Located at the Shops at Piñon Pointe in Uptown Sedona, North Courtyard, Unit C13, adjacent to Wildflower Bread Co.

- 101 N. SR • 89A in Uptown Sedona, AZ 86336 • Free parking next to the Hyatt Residence Club • 928-852-1708
- ShopInspiredCollections.com

## 3. CEDIC PLAZA

"Meet Me At The Clock Tower" in the center of Uptown Sedona, SR 89A and Jordan Road. Three unique shops: Red Rock Impressions – locally made women's clothing, resort wear, and jewelry; Sono Kitchen – Famous original Asian street food and authentic Taiwan Boba teas and the RC Gorman Navajo Gallery – prints and gifts from the "Picasso" of Native American Art

- 285 Jordan Rd. • CedicaPlazaSedona.com

## 4. CRYSTAL CASTLE

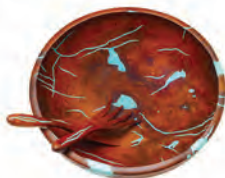
Crystal Castle has served the Sedona community and their visitors from all over the world for over 30 years, providing quality crystals, gemstone jewelry, metaphysical books, and gifts. Paul Jensen's "Tools for Evolution", based on Marcel Vogel Power Cuts, are available in pendants, rings, and earrings in Sterling Silver and 14K Gold. We feature Light Technology Publishing with its most interesting selection of books on UFO Activity, Extraterrestrial Communication, and the True History of Earth. Our services include trusted Psychic Advice, an interactive Aura Station, a Photon Genius as well as the VIBE Quantum Pulse Energizer

- 928-202-0107 • SedonaCrystalCastle.com
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- 71 SR 179, in the Hillside Sedona Shopping Center, upstairs in the courtyard.
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- 928-567-5555 • 3080 W. State Route 89A, Sedona AZ 86336 • GoldenBone4Pets.com

## 7. ONE WORLD COLLECTION

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- Open seven days a week 9 a.m. to 9 p.m.
- Located at the Shops at Piñon Pointe, Uptown Sedona • Center Courtyard, unit B10, next to The Art of Wine • 101 N. SR 89A, Sedona, AZ 86336 • Free parking next to the Hyatt Residence Club. • 928-862-4206
- ShopInspiredCollections.com

## 8. QUILTS LTD GALLERY

Northern Arizona's finest Fiber Gallery is now open in Tlaquepaque B105 near the chapel. Our gallery features international fiber artists such as Mieko Mintz and focuses on work by local Sedona fiber artists. Women's wearable art inspired by the high desert landscape of Sedona. Women's jackets, scarves and shawls are individual works of art made from silks, chenille, bamboo, shibori woven fibers, tie-dye, one-of-kind Kantha, patchwork and applique apparel. Originally designed award-winning quilts are available from small wall hangings, baby quilts to large king size. Quilts Ltd Gallery has an A list celebrity clientele following. Open daily and by private appointment. We look forward to seeing you. Located at 336-SR 179, #B105



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- quiltsltd@gmail.com
- SedonaQuiltGallery.com

## **9. THE MIC**

'Fun Fashion for Rock Stars & Boomers'  
 – The MIC - Music Inspired Collection clothing store – is where you'll find funky; fun; rock star apparel for men & women & unique Gifts. Featuring local designer, Christy Fisher's colorful; fun fashion, with outfits for all shapes & sizes. Great selection of music inspired graphic tees including rock star legends; Sedona logo tees & hoodies; Swimwear; cool, edgy jewelry & accessories for men & women; Fedora hats; and fun, unique music inspired gifts. Great atmosphere with friendly, personable sales associates. The MIC has a retail 'micro boutique' located inside Sound Bites Grill; featuring fun rock star apparel for men & women; Sedona Tees & hoodies; wine & culinary gifts; and music inspired hats & souvenirs. For further information about the store SoundBitesGrill.com • Open 7 days a week 9 a.m. to 6 p.m. • 928-325-4034 Located at the Shops at Piñon Pointe, Uptown Sedona • south courtyard, unit D22, next to Starbites Coffee Café • 101 N. SR 89A, Sedona, AZ 86336 • Free parking next to the Hyatt Residence Club.  
 • ShopInspiredCollections.com

## **10. THE SHOPS AT PIÑON POINTE**

[www.PinonPointeSedona.com](http://www.PinonPointeSedona.com)

Discover The Shops at Piñon Pointe:

- Adonai Christian Fine Art
- Always On Vacay
- Chico's Women's
- Cold Stone Creamery
- George Kelly Fine Jewelry
- Grub Line
- Indian Touch of Sedona
- My Jeweler
- One World Collections

*cont. on pg. 24*

# GRAND OPENING

*Arizona's Premier  
Fiber Gallery*



*Specializing in Wearable Art  
by local artists*



*and Southwestern Quilts of investment quality*

# QUILTS LTD Gallery

336 SR 179 #B105, Sedona, AZ 86336

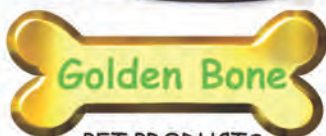
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[www.sedonaquiltgallery.com](http://www.sedonaquiltgallery.com)

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THE SHOPS AT PIÑON POINTE *cont. from pg. 22*

- Pretty Woman Boutique
- Sound Bites Grill
- Starbites
- The Art of Wine
- The De Serio Gallery
- The M.I.C.
- Visions Fine Art
- Wildflower Bread Company
- Wisdom Arts

## 11. TLAQUEPAQUE

A Sedona landmark since 1970, Tlaque-paque and Tlaquepaque North treats visitors to an excellent collection of over 45 galleries and shops bordered by five superb restaurants. Modeled after Guadalajara, Tlaquepaque offers outdoor dining as well as events, private parties, and weddings. Open daily. Variety of shops & galleries • 928-282-4838 • TLAQ.com

## 12. TOUCHSTONE GALLERY

Mother Nature's finest awaits you within the doors of Touchstone Gallery. Here is where your natural history adventure begins. Here is where your fun and exciting shopping experience will mix with spectacular red rock views to create everlasting memories of northern Arizona. Step inside our premier Uptown Sedona gallery to discover a world of rare ancient fossils, magnificent mineral formations, and natural art masterpieces. You'll unearth a hidden treasure trove of interior accents, vibrant crystals, and mammoth to Megalodon fossils. Touchstone gallery's selection of Arizona's "rainbow" petrified wood is unsurpassed. Shop fantastic framed fish and plant fossils, distinctive geode "cocktail tables," and exclusive nature-inspired home décor. Come in and find one-of-a-kind contempo-



rary jewelry, stunning meteorite samples, and multitudes of take-home treasures. From the superb small gift to the rarest natural history collector specimens, Touchstone Gallery is Sedona's home of nature's art etched in stone. Open daily - Free parking! Uptown Sedona, Sinagua Plaza • 320 N. S.R. 89A, Suite 14, Sedona, AZ • 928-204-4405  
• TouchStoneGalleries.com

### **13. TRUE WEST IMAGES STUDIO & GALLERY**

We all know our furry pets are our "children". They provide joy, laughter, and unconditional love in our life and family. Robert Albrecht, owner of True West Images in Sedona is a professional photographer and digital artist. His work is displayed in homes and offices worldwide and he is recognized for his powerful and engaging paintings. "Our pets are important to us for many reasons and deserve to be honored as any family member should with a "Classic" painted portrait on canvas. I paint from reference photographs. This allows me to have clients in any location. I welcome the opportunity to paint your dog or cat and provide you with a lasting memory." Robert's pet portraits are alluring as they draw you in. There is a life and soul about them, existing in their moment. Working studio and gallery open by appointment only. • 645 Kachina Drive, Sedona, AZ  
• 928-284-4330 • TrueWestImages.com

### **14. VICTORIAN COWGIRL ~ POSH BOUTIQUE**

Not to be missed, Victorian Cowgirl has been a Sedona Icon for 20 years. Locals live for new arrivals and shop here regularly. Returning tourists make it their first stop. Owner and personal stylist Candace Walters Dolan is known for her amazing style and it shows in her handpicked ultra-hip lines of contemporary clothing, boots, shoes, and accessories from around the globe. Victorian Cowgirl offers Steam Punk, Retro & Cowgirl with all the trim-

mings, including a large selection of distinctive cowgirl boots! POSH offers modern imported lines from casual to sophisticated styles with a bit of edge, and it's all under one roof! Why you'll love it: Your visit will be nothing short of memorable! Can accommodate any personality and size. Personalized styling service to individuals or entire wedding parties. What you'll find: Everything from fun casual wear like Johnny Was to uniquely designed, Mother-of-the-Bride formal dresses and evening wear. Premium European imports mixed with eclectic clothing, jewelry, and accessories. LARGEST SELECTION OF COMFORT, EVENING, AND FASHION FOOTWEAR. 10% off when you mention this ad. Find Victorian Cowgirl & POSH of Sedona on Facebook for daily posts and videos of new arrivals! Also on YouTube – VictorianCowGirlPosh. Located at 181 SR 89A in Sedona. Just South of the Intersection where SR 89A meets SR 179 • Open Monday through Saturday 10 am - 6 pm • 928-282-0778  
• VictorianCowGirl.com

### **15. WAYNE B. LIGHT SEDONA'S FINE JEWELRY & FINE ART EXPERIENCE**

Visit these two-in-one intimate boutique galleries and find Sedona's jeweler since 1988, with an array of stunning jewelry featuring colorful gemstones and diamonds, and the "Inspired Cross" Collection by Wayne B. Light. As a second-generation jeweler, Wayne B. Light has been designing jewelry and delighting Sedona residents and visitors of Sedona for over three decades. The gallery features Wayne's custom designs along with other designers as well. The gallery also hosts an eclectic selection of wonderful art, including watercolors, oils, and acrylics, as well as whimsical art furniture, photography, and so much more. • 40 Soldiers Pass Road • Suites 1 & 2  
• Sedona, AZ 86336 • 928-282-0999  
• WayneBLight.com



### WINE TASTING

#### 1. ARIZONA STRONGHOLD

[azstronghold.com](http://azstronghold.com)

#### 2. BURNING TREE CELLARS

[burningtrecellars.com](http://burningtrecellars.com)

#### 3. CABAL CELLARS

[cabalcellars.com](http://cabalcellars.com)

#### 4. CADUCES CELLARS

[caduceus.org](http://caduceus.org)

#### 5. CARLSON CREEK VINEYARD

[carlsoncreek.com](http://carlsoncreek.com)

#### 6. DECANTER TASTING ROOM

[decantertastingroom.com](http://decantertastingroom.com)

#### 7. FOUR EIGHT WINERWORKS

[four8wineworks.com](http://four8wineworks.com)

#### 8. JAVELINA LEAP AT CREEKSIDE BISTRO

[javelinaleapwinery.com](http://javelinaleapwinery.com)

#### 9. MADE IN SEDONA

[madeinsedona.com](http://madeinsedona.com)

#### 10. MERKIN VINEYARDS OSTERIA

[merkinvineyards.org](http://merkinvineyards.org)

#### 11. PASSION CELLARS

[passioncellars.com](http://passioncellars.com)

#### 12. PILLSBURY WINE COMPANY

[pillsburywine.com](http://pillsburywine.com)

#### 13. TANTRUM WINES

[tantrumwines.com](http://tantrumwines.com)

#### 14. THE ORIGINAL JEROME WINERY

[theoriginaljeromewinery.com](http://theoriginaljeromewinery.com)

#### 15. VINO DI SEDONA

[vinodisedona.com](http://vinodisedona.com)

#### 16. VINO ZONA

[vinozona.love](http://vinozona.love)

#### 17. WINERY 101

[winery101.com](http://winery101.com)

#### 18. WINERY 1912

[winery1912.com](http://winery1912.com)



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[alcantaravineyard.com](http://alcantaravineyard.com)

#### 2. BODEGA PIERCE

[bodegapierce.com](http://bodegapierce.com)

#### 3. CHATEAU TUMBLEWEED

[chateautumbleweed.com](http://chateautumbleweed.com)

#### 4. CLEAR CREEK VINEYARD & WINERY

[clearcreekvineyard.com](http://clearcreekvineyard.com)

#### 5. DA RANCH

[daranch.com](http://daranch.com)

#### 6. JAVELINA LEAP

[javelinaleapwinery.com](http://javelinaleapwinery.com)

#### 7. OAK CREEK VINEYARDS

[oakcreekvineyards.net](http://oakcreekvineyards.net)

#### 8. PAGE SPRING CELLARS

[pagespringscellars.com](http://pagespringscellars.com)

#### 9. SALT MINE WINE

[saltminewine.com](http://saltminewine.com)

#### 10. SOUTHWEST WINE CENTER

[southwestwinecenter.com](http://southwestwinecenter.com)

### BREWERIES

#### 1. BELFRY BREWERY

[belfrybrewery.com](http://belfrybrewery.com)

#### 2. OAK CREEK BREWING COMPANY

[oakcreekbrew.com](http://oakcreekbrew.com)

#### 3. OAK CREEK BREWERY & GRILL

[oakcreekbreweryandgrill.com](http://oakcreekbreweryandgrill.com)

#### 4. SEDONA BEER COMPANY

[sedonabeerco.com](http://sedonabeerco.com)

#### 5. THAT BREWERY

[thatbrewery.com](http://thatbrewery.com)

#### 6. VERDE BREWING COMPANY

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## 1. BELFRY WOOD-FIRED GRILL AND BREWERY

Since the 1920s, this grand old 7,000-square-foot restored church has been a historic gathering place of Old Cottonwood. We added some new spaces like a beer garden for a casual drink with friends, a taproom for sampling our signature brews, spacious outdoor patios on two-levels and an upscale dining room with a full bar. Jerome's Chef Bobby D's legendary wood-fired cuisine called New American Range. We offer impeccably-grilled premium meats, house-ground steaks, burgers, or unique share plates to pair with our brews for a laid-back meal out on the patio. You can taste our recent range of beers—from a crisp lager to a robust IPA—in our taproom daily. Enjoy a pint or sampler flight with a handcrafted premium steak burger you won't soon forget. There's live music to tap your foot to on the weekends! When you hear the bell ringin', best come runnin'. We'll sound the town bell on the half-hour to let you know your first pint is half-off!

Restaurant: Sun-Thurs: 11am - 9pm, Fri-Sat: 11am - 10pm • Taproom Hours: Mon-Thurs 3pm - 9pm • Fri 3pm - 12am • Sat 12pm - 12am • Sun 12pm - 9pm • 791 N. Main Street • Cottonwood, Arizona • 928.239.4595 • BelfryBrewery.com

## 2. BELLA VITA RISTORANTE

Picture yourself dining on a fine-five-star Italian meal in a classy atmosphere, listening to great music and enjoying your drink while thoughtful servers make sure you have everything you need for a perfect night out. Bella Vita Ristorante makes it happen and visitors and locals keep coming back for more. Serving the finest authentic Italian cuisine in Northern Arizona, Bella Vita Ristorante is considered one of the best dining experiences in Sedona, providing live music every week featuring some of Sedona's top musicians and performers. Bella Vita's aesthetically classic environment provides the

perfect rendezvous for a romantic date or a family outing. Let the stunningly designed atmosphere surround you while our chefs create a world-renowned Italian dish guaranteed to please even the most refined of palates, with an indoor fireplace, cozy nooks and a delightful outdoor patio. Let the charm of Bella Vita Ristorante wash over your senses and transport you into a place of old-world tranquility. The secret ingredient that goes into everything we serve is love. We're very passionate about what we do.

• 928-282-4540 • 6701 W State Route 89A (Two miles past the last stop signal leaving Sedona, going towards Cottonwood). Open daily from 5 to 9 pm. • BellaVitaSedona.com • Dan4Peace@aol.com

## 3. COWBOY CLUB THE SILVER SADDLE ROOM

The Cowboy Club Grille & Spirits is where high desert cuisine combines with more than fifty years of old west tradition and history. The Cowboy Club is a casual, family-oriented restaurant with a full bar that has been serving Sedona and its guests for over 20 years. The décor is Western, showcasing the second largest set of Longhorns in the United States, a number of prominent Cowboy artists' work, and original wood walls from the building's early days as a saloon frequented by Elvis Presley and John Wayne. As featured on the Food Network, The New York Times and countless other outlets, the kitchen produces award-winning Angus and Buffalo aged steaks, perfectly prepared game and fresh seafood as well as signature dishes such as our Raspberry Plum BBQ ribs, Cactus Fries and Rattlesnake. We also feature our seasonal cocktail and beer menus, as well as our popular margarita list. The setting of the Silver Saddle dining room is romantic, yet rustic with luxurious suede booths and a central rock fireplace. It is a casually elegant environment with

*cont. on pg. 32*



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*COWBOY CLUB* *cont. from pg. 32*

patio and plaza dining when weather permits. The Cowboy Club opens daily at 11 am

- The Silver Saddle opens nightly at 5 pm
- 928-282-4200 • CowboyClub.com

## 4. CREEKSIDE AMERICAN BISTRO

Comfort food with great views and breakfast until 2PM daily; a local's favorite since 2008. Located in the Creekside Plaza, just north of Tlaquepaque (at the intersection of 89A and SR 179). Creekside American Bistro is an eclectic, family restaurant with friendly staff and one of the most beautiful Red Rock Views in Sedona. Seasonal menus are the creation of Chef Mercer Mohr, Sedona's only certified Executive Chef and San Francisco "Chef of the year" award winner. Chef Mohr prides himself on using the freshest, top quality ingredients in his rustic cuisine. Creekside's award-winning Happy Hour serves up creative sharing plates & cocktails at the best prices in town. Open for breakfast, lunch & dinner, 7:30 am- 9:30 pm. Creekside is just a casual fun place to meet Sedona locals and get a home cooked meal. Bring your furry friend to Creekside's Pet Friendly Patio and try the Chef's Doggie Menu. • 928 -282-1705 • 251 State Route 179, Suite B8, Sedona AZ 86336 • Creekside American Bistro is a Mercer's Kitchen.com concept. • CreeksideSedona.com

## 5. EL RINCON RESTAURANTE MEXICANO

Nestled in the splendor of Tlaquepaque Village, El Rincon features the finest "Arizona Style Mexican Cuisine" and No. 1-rated margaritas. El Rincon founded in 1976 is the originator of "Arizona Style Mexican Cuisine," a blending of traditional Mexican food

with Navajo influences. Specialties include: hand-rolled Chimichangas, Navajo Pizzas and Fruit Chimichangas for dessert. Dine inside or on the patio under giant sycamores. Open for lunch and dinner daily. Dinner reservations are strongly suggested. Creekside entrance Tlaquepaque.

- 336 S.R. 179, Sedona. • 928-282-4648
- Elrinconrestaurant.com

## 6. JAVELINA CANTINA

Voted Sedona's Best Mexican food by Tripadvisor for 2017, Javelina Cantina is Sedona's #1 Sonoran style food destination. Enjoy your meal inside or out on our scenic Red Rock terrace or Arizona patio room. Sizzling fajitas, tacos, margaritas and much more! Take advantage of our happy hour in the bar from 3 to 6 pm daily! Dog-friendly patio with amazing views, as well as a perfect place to bring large groups! Javelina Cantina is open daily at 11:30 am • Located at 671 S.R. 179 in the Hillside Shopping Center • 928-282-1313

- javelinacantinasedona.com

## 7. JUDI'S RESTAURANT

Judi's Restaurant has been a local favorite for more than 30 years. We are proud to offer the finest quality of ingredients and selections on our Continental menu, from Angus Steaks, Burgers, and Prime Rib to New Zealand Lamb, Baby Back Pork Ribs, Chicken, Pasta, and Fresh Seafood. Judi's offers fresh-made soup and salads with homemade dressings. We even bake our own breads, buns, and dinner rolls. When it comes to desert -Look Out- all of it is homemade, including the ice creams. YUM! Thirsty? Of course, we also offer a

*cont. on pg. 38*

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[SoundBitesGrill.com](http://SoundBitesGrill.com)



[StarBitesCoffeeCafe.com](http://StarBitesCoffeeCafe.com)



*JUDI'S RESTAURANT cont. from pg. 34*

full bar along with local wines and beer. We also offer wines from Napa, Australia, Germany, Toscana Italy, and beyond. Come and enjoy Judi's quaint dining rooms as so many have through the years. We also have a pet-friendly patio (weather permitting). Judi's is currently closed on Wednesdays. Open 8 am to 12 pm for Breakfast, 11 am to 4 pm for lunch and 4 pm to 9 pm for dinner. Happy Hour: 4 to 6 pm Monday through Friday – Noon to 4 pm Saturdays. Call for reservations at 928-282-4449 • e-mail us @ drop-us-a-line@msn.com or look us up on the Web @ www.sedonarestaurants.com (menu and map available).

### 8. KAREN'S BAKESHOP GLUTEN FREE

Karen's Bakeshop offers Gluten/Dairy Processed Sugar-Free cookies, donuts, brownies, cupcakes, breads, mixes, chocolates and more! They all taste delicious but you feel great after eating them because of the high quality, healthy ingredients. Drinks like coffee/tea/matcha/hot cocoa and locally made kombucha are all to be found here. Entertainment and local products are part of the bakeshop and Sedona Healthy Kitchen which is a commissary kitchen for local entrepreneurs to use to create their one of a kind products to sell at stores and different places in Sedona. Outside seating is available and curbside pickup! Gluten Free cakes made to order for all celebrations. Karens' Bake Shop is located at 2081 West S.R. 89A, Suite #6, Sedona AZ 86336.

- www.karens glutenfreeliving.com
- 928-862-4197 • 330-340-8314
- Krussell1955@gmail.com

### 9. MESA GRILL SEDONA

Picturesque, modern restaurant with incredible sunset views, serving Chef driven organic menus. Open for breakfast, lunch, dinner & Sunday brunch. Mesa Grill features local organic produce and creative Southwest fare. Bring your furry friend to

the Mesa's Pet Friendly Patio and try the Chef's Doggie Menu. Mesa Grill Sedona is open from 7am to 9 pm daily. The menu is inexpensive to moderately priced, and offers healthy salads, burgers, sandwiches and fresh seafood. Happy Hour is from 4PM to 5:30 PM daily. Watch the planes take off while enjoying a Mimosa Flight and original dishes created by Chef Mercer Mohr. Chef Mohr comes to Sedona from San Francisco where he worked as the Executive Chef of the Four Seasons Hotel and was named San Francisco "Chef of the Year." • 1185 Airport Road • Sedona AZ 86336 • Large events & wedding packages available

- 928-282-2400 • MesaGrillSedona.com
- Mesa Grill Sedona is a Mercer's Kitchen.com concept.

### 10. MERCER'S KITCHEN.COM

Mercer's Kitchen.com is actually the catering side of the company. Mercer's Kitchen.com caters to affordable, chef driven menus as well as higher-end, custom menus for the more discriminating clientele. If you are looking for a Sedona wedding venue or a corporate retreat with amazing red-rock views, please inquire at mercerskitchen.com. We offer several event venues for every budget. For gatherings up to 150 guests, let Chef Mercer show you what his restaurants can do. From the stunning Creek side views of the Red Rocks to the spectacular sunsets at Mesa Grill, Chef Mercer Mohr has brought his San Francisco style cuisine to one of the most picturesque places in the Southwest. Chef Mercer was awarded "San Francisco Chef of the Year" for his innovative wine dinners and contributions to the New American Cuisine emergence. Chef Mercer's Wild Thyme Cookbook is now available. Checkout one of Chef Mercer's Sedona restaurants at MercersKitchen.com • Local Sedona Restaurant Group • PO Box 138 • Sedona AZ 86339 • Chef Mercer @ 415-305-3248.

# RENÉ

AT TLAQUEPAQUE



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251 SR 179 Sedona AZ 86336  
CreeksideSedona.com  
928-282-1705



**11. OAK CREEK BREWERY & GRILL**

Glistening copper tanks accent the Old-World style oak bar at Sedona's own brewpub, nestled among the shops of the Tlaquepaque Arts & Crafts Village. The opulent oak wood and polished stone dining area have a classy charm, and the award-winning lagers and ales that flow from those copper tanks have the substance to match the elegant yet casual interior style. They are the perfect complement for Angus Beef charbroiled burgers and signature pizzas prepared in the Grill's oak-fired oven. Though landlocked, guests return time after time for the phenomenal fish and chips and the Red Rock Ribs are a Sedona favorite. Patio dining is available. Open daily for lunch from 11:30 am to 3 pm and dinner from 5 pm to close. • MC, Visa, Amex, Discover. • 336 S.R. 179, Suite D201 at Tlaquepaque Arts & Crafts Village. • 928-282-3300 • oakcreekbreweryandgrill.com.

**12. OLDE SEDONA**

Great food, spectacular views, live music, dancing, Sports Bar, Olde Sedona Bar & Grill has it all. Located in the heart of West Sedona, Olde Sedona offers the best selection of American Southwestern foods, with a deliciously eclectic menu stretching from authentic Mexican meals, to fine Italian cooking, to the best homemade hamburgers in the Sedona Red Rock country. Be sure to visit Olde Sedona Bar & Grill and enjoy dining on its beautiful open-air upper deck that boasts a panoramic view of some of Sedona's most beautiful rock formations. 1405 S.R. 89A • • \$\$\$ • 928-282-5670 • info@oldesedona.com • oldesedona.com

**13. PUMP HOUSE STATION URBAN EATERY & MARKET**

Pump House Station offers an urban eclectic indoor setting with patios shaded by giant Sycamore Trees creating a peaceful

dining experience. We invite you to join us for Breakfast, Lunch and Dinner. Our menu and daily specials focus on fresh, organic, sustainable foods whenever possible. Our passion and commitment in supporting American Farms and local Artisans help us to insure great flavors, textures and presentations. Stimulate your palate and delight your senses in our casual eatery offering fine dining techniques and quality ingredients. We are now hosting Private Events & Special Occasions. Book yours today. Open Daily @ 7 am for Breakfast and Lunch Espresso Bar with Organic Coffees: Full Bar, Specialty Cocktails, Wines and Local Draft Beers. Dinner served @ 5 pm Tuesday thru Saturday. Pump House Station Urban Eatery and Market is located in Tlaquepaque North • 313 State Route 179 • D10 • Sedona, AZ 86336 • 928-862-4141 • PumpHouseStation.com

**14. RED'S SEDONA GRILL**

Stylish American Bar & Grill, located in Sedona Rouge, an Urban Hotel, features American favorites reinterpreted with contemporary flair. Breakfast served Saturday and Sunday from 8 am to 12 pm. Dinner served seven days a week from 5 pm-9 pm Happy Hour seven days a week from 4 to 6 pm. • 2250 West S.R. 89A Sedona AZ 86336 • (928) 340-5321 • www.sedonarouge.com

**15. RENE'S RESTAURANT**

As you stroll through the beautiful courtyards of Tlaquepaque, you will find Rene's restaurant, a Sedona landmark for 40 years. Upon entering Rene's, you will feel transported to a simpler time where you can relax and not feel rushed. Your senses will be aroused by the calm trickling water from the fountains in the courtyard as you dine on the signature Rack of Lamb, Dover Sole, Venison of Antelope, or one of the many intriguing dishes. After you have finished the last delightful morsel of your entree, do





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not deprive yourself of dessert. Consider a flambé tableside, it is a sensory delight. The experience will take you from enjoying the aroma of butter sizzling in the pan and sugar caramelizing to the adrenaline rush of the magnificent flame. Suddenly your palate will discover the total delight of the tantalizing flavors. When in the area, stop in and say "Hi" to Chef Walter Paulson and his family. Become part of Rene's extended family. Located in Tlaquepaque • 336 S.R. 179, Ste B-118, Sedona AZ • 928-282-9225 • [renerestaurantsedona.com](http://renerestaurantsedona.com)

## 16. SOUND BITES GRILL

Food, Fun and Music! Award-Winning Sound Bites Grill is an entertainment restaurant located in Uptown Sedona, at the Hyatt Pionon Point Resort. Open Breakfast, Lunch and Dinner this restaurant's menu features

fresh fish, seafood, and all-natural hand-cut beef, all-natural chicken, all homemade with a large variety of tasty, healthy choices. The restaurant also has an entirely separate Plant-Based Menu. With an impressive wine list and an exceptional wines-by-the-glass program, they offer Sedona's BEST Wine Tasting every Wednesday from 5-7 pm for only \$15 per person. Enjoy the best of Sedona with the panoramic red rock views while dining on "The Edge" patio. The Celebrity Show Room features Sedona's Best Entertainment and dancing and is separate from their main dining room and patio, where you will enjoy more intimate dining. Famous Autographed guitars adorn the walls of the restaurant & showroom. The Celebrity Showroom is equipped with a professional stage, lighting and sound system, which is great for large groups, corporate parties

*cont. on pg. 44*

*SOUND BITES GRILL cont. from pg. 43*

and large receptions. Tour operators love this venue! Family Friendly they are Open daily at 8 am - 9:00 pm with Late Night Dining until 10:00 pm on Fridays & Saturdays. Seasonally hours may change.

- 101 S.R. 89A, Ste. F29, Sedona, AZ.
- 928-282-2713 • info@soundbitesgrill.com
- soundbitesgrill.com

## 17. STARBITES COFFEE CAFE

"Brews & Views That Are Out of This World!"

– Proudly serving fabulous coffee with the best views in town; Starbites Coffee Café serves Breakfast and Lunch with quick service and healthy choices in mind. The café features Chameleon Nitro Cold Brew as well as power smoothies. You will enjoy locally sourced, fresh baked muffins & pastries; quick healthy bites (plant-based items too) and a hot breakfast on the go or dine in. We also serve bagels and lox; plant-based protein bowls, wraps and salads. Friendly baristas provide customer service with a smile! • Open 7 days a week they offer some of Sedona's best views • Sun-Thurs: 6 am-5 pm • Fri. & Sat: 6 am-6 pm.

- Located at the Shops at Pinon Pointe, Uptown Sedona. • South Courtyard, Unit F28
- Free Parking Hours may change seasonally.
- (928) 852-1801
- www.starbitescoffeecafe.com

## 18. STEAKHOUSE 89

At Steakhouse 89, we focus on bringing you the freshest, most local, and seasonal cooking possible. We work with local farmers, purveyors, and producers to bring you what's fresh and what's in season. We only serve responsibly-raised meats, bake all of our bread from scratch every day in the restaurant and feature an extensive beer, wine and cocktail menu. The Steakhouse 89 team has worked to merge the finest fare to bring you the best Backyard Gourmet Cuisine with sterling service. Steakhouse 89 has a casual yet elegant environment and an

approachable menu resulting in an incredible steakhouse. We can also accommodate events up to 300 people. Steakhouse 89 is open for dinner at 5 pm Tuesday through Sunday. Serving lunch Tuesday through Sunday from 11 am to 2 pm and Happy Hour and Live Music from 4 pm to 7 pm

- \$\$\$ AE/MC/V • 928-204-2000
- 2620 W. S.R. 89A, Sedona, AZ 86336
- www.steakhouse89.com

## 19. SZECHUAN RESTAURANT

Szechuan Restaurant is the home of Sedona, Arizona's favorite Szechuan food and sushi. Enjoy authentic Chinese and Japanese food. We also provide carry out orders and catering for parties. We are open Sun-Thurs 11 am to 9:00 pm • Fri-Sat 11 am to 9:30 pm. We deliver from 5 pm to 9 pm L, D, L.M., R.S., CAS, \$-\$\$\$ AE/D/V/MC

- 1350 S.R. 89A The Olde Market Place
- 928-282-9288 • szechuansedona.net

## 20. T.C.'S BAR & GRILL

Discover Sedona's secret gem. Enjoy outdoor dining on the covered patio overlooking our lush golf course. The menu offers great food at affordable prices. T.C.'s now has a doggie-dining area on the outside patio. Serving breakfast, lunch and dinner, 7-days a week. All your favorite beverages, including a great selection of local microbrews and fine local wines. Catch your favorite sporting event offering the NFL ticket on our large flat-screen televisions. 1752 SR 179. C, B/L/D, CAS, AE/MC/V, \$\$ • 928-203-5936

- PocoDiablo.com

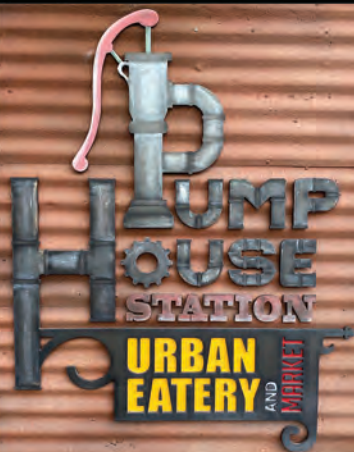
## 21. THE 10TH HOLE BAR & GRILL

Sedona's Sports Bar! All your favorite beverages, including a great selection of local microbrews and fine local wines. Catch your favorite sporting event offering the NFL ticket on our large flat-screen televisions. Poco Diablo Resort, 1752 SR 179. S,L/D/VEG, CAS, AE/V, \$\$ • 928-203-5940 • PocoDiablo.com

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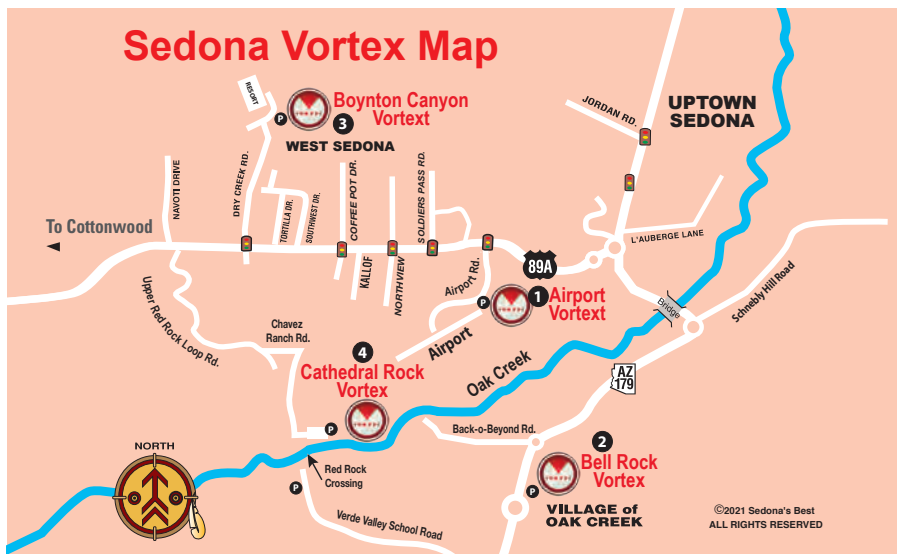


B = Breakfast BR = Brunch L = Lunch GF = Gluten Free D = Dinner VEG = Vegetarian V = Vegan HH= Happy Hour	RR= Reservation Recommended RS= Reservation Suggested	CAS= Casual SF=Semi Formal F=Formal
Entertainment  LM = Live Music K = Karaoke DJ = DJ D = Dancing	Price Range  \$ = under \$12 \$\$ = \$12-\$18 \$\$\$ = \$18-\$28 \$\$\$\$ = \$28 & up	Credit Cards  AE = American Express D = Discover MC = Mastercard V = Visa

	Map Number	Meals Served	Alcohol Served	Entertainment	Reservations	Dress	Price Range	Credit Cards
American								
Belfry Wood-Fired Grill & Brewery 928-239-4595	1	BR/L/D	YES	YES	RS	CAS	\$\$- \$\$\$\$	AE/D MC/V
Creekside American Bistro 928-282-1705	4	B/L/D VEG/GF	YES		RS	CAS	\$\$- \$\$\$\$	AE/D MC/V
Oak Creek Brewery & Grill 928-282-3300	11	L/D VEG/V	YES			CAS	\$\$-\$\$\$	AE/D MC/V
Asian/Chinese/Japanese								
Szechuan Restaurant 928-282-9288	19	L/D	YES			CAS	\$\$-\$\$\$	AE/D MC/V
Bakery/Coffee House								
Karen's Gluten-Free Bakery 928-862-4197	8	B/L/D VEG/GF		LM		CAS	\$	AE/D MC/V
Starbites Coffe Cafe 928-852-1801	17	B/L VEG/GF		LM		CAS	\$\$-\$\$	AE/D MC/V
Continental/New American								
Judi's 928-282-4449	7	L/D VEG	YES	LM	RS	CAS	\$\$- \$\$\$\$	AE/D MC/V
Red's Restaurant 928-203-4111	14	B/L/D VEG/V GF/HH	YES	LM D	RS	CAS	\$\$\$	AE-D/ MC-V
Sound Bites Grill 928-282-2713	16	L/D VEG GF/HH	YES	LM D	RS	CAS -SF	\$\$- \$\$\$\$	D/MC V

	Map Number	Meals Served	Alcohol Served	Entertainment	Reservations	Dress	Price Range	Credit Cards
<b>Continental/Southwestern/French</b>								
TC's Bar & Grill 928-203-5936	20	B/L/D VEG	YES		RS	CAS	\$\$	AE/D MC/V
René's Restaurant 928-282-9225	15	L/D	YES		RS	CAS	\$\$\$- \$\$\$\$	AE/D MC/V
<b>Continental/Steakhouse</b>								
Steakhouse 89 928.204.2000	18	L/D BR/HH VEG/V	YES	LM	RS	CAS	\$\$\$	AE/D V/MC
<b>High Desert Cuisine</b>								
Cowboy Club Silver Saddle Room 928.282.4200	3	L/D VEG	YES		RR	CAS	\$\$- \$\$\$\$	AE/D MC/V
<b>Italian</b>								
Bella Vita Ristorante 928-282-4540	2	D VEG	YES	LM D	RS	CAS	\$\$\$	AE/D V/MC
<b>Mexican/Southwestern</b>								
El Rincon 928.282.4648	5	L/D VEG	YES	LM	RS	CAS	\$\$\$-\$\$\$	AE/D V/MC
Javelina Cantina 928.282.1313	6	L/D	YES		RS	CAS	\$\$\$	AE/D V/MC
<b>New American Range</b>								
Belfry Wood-Fired Grill & Brewery 928-239-4595	1	L/D	YES	LM	RS	CAS	\$\$- \$\$\$\$	AE/D MC/V
<b>New American/Southwestern/Sports Bar</b>								
Belfry Wood-Fired Grill & Brewery (Downstairs)	1	L/D	YES	LM		CAS	\$\$- \$\$\$\$	AE/D MC/V
Mesa Grill 928-282-2400	9	B/L/D VEG/GF	YES		RS	CAS	\$\$- \$\$\$\$	AE/D V/MC
Olde Sedona 928-282-5670	12	L/D VEG	YES	DJ/K/D LM		CAS	\$\$\$	AE/D MC/V
The 10th Hole 928-203-5940	19	L/D VEG	YES			CAS	\$\$	AE/D MC/V
<b>Urban Eatery</b>								
Pumphouse Station 928-862-4141	13	B/L/D VEG/GF	YES	LM	RS	CAS	\$\$- \$\$\$\$	AE/D V/MC





## SEDONA'S TOP FOUR VORTEX HIKING TRAILS

### 1. AIRPORT VISTA VORTEX

UPFLOW • ELECTRIC • MASCULINE

Directions: From the "Y" take 89A west 1.0 miles to Airport Road on the left. Turn left and go 0.5 miles and park in the turnout on the left. If you're looking to supercharge your prayers or mantras, perhaps the Airport Vista Vortex will take you there. This vortex supposedly will enhance your clarity and perspective on your life.

### 2. BELL ROCK PATHWAY

UPFLOW • ELECTRIC • MASCULINE

DIRECTIONS: To get to Bell Rock Vortex from the "Y" head south on State Rte 179. Take 179 for about 5 miles to the to the Scenic View Sign which is North Bell Rock Parking lot. The Bell Rock Pathway is a 3.6 mile trail. Along this pathway you'll enjoy fantastic views of Bell Rock, Courthouse Butte and other landmarks. Best known as a meditation site for inducing problem solving from an ethereal perspective, Bell Rock Vortex offers more than an opportunity to contemplate and reflect. The energy here is invigorating and assists in spiraling your prayers and goals to the universe.

### 3. BOYNTON CANYON TRAIL

INFLOW • MAGNETIC • FEMININE

Directions: From the "Y" go west 3.1 Miles turn

right on to Dry Creek Road until it ends. Go 5.9 miles and turn left onto Boynton Pass Road go 7.4 miles. Turn right onto Boynton Canyon Rd. Go 7.6 miles to the parking area.

The Boynton Canyon Vortex is near the entrance of the trail. Follow the Boynton Vista side trail for approximately a half a mile to the vortex located at the base of a rock spire, which is known as Kachina Woman. A feeling of getting more down to earth and coming home is elicited from the calming Boynton Canyon Vortex.

### 4. CATHEDRAL ROCK VORTEX

INFLOW • MAGNETIC • FEMININE

Directions: From the "Y" Go west towards Cottonwood. Go 4.2 miles. Turn left (south) to Red Rock Loop Road or US Forest Road #216. Go 6.2 miles. Turn left at fork in the road to go to Red Rock Crossing/Crescent Moon Ranch

Cathedral Rock is the most iconic formation of them all! It is not only the center of the vortices but Cathedral Rock is also the most photographed, symbolizing Sedona's beauty and spirituality. This vortex is said to conjure up reflections of your past and its healing energy will refresh your perspectives and embellish your problem solving skills. This is considered the heart of Sedona.

# MEET ME AT THE CLOCK TOWER



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SonoKitchen.Com • 928-282-2016 • Suite 2



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CEDIC PLAZA

285 JORDAN ROAD SEDONA AZ

CedicPlazaSedona.com



## ABOUT SEDONA

### Did you know?



The sun shines an average of over 300 days of the year in Sedona, Arizona. That's more sunshine than Florida!

Arizona has more National Parks and National Monuments than any other state and SEDONA is centrally located by most of them!

Sedona and Arizona have more mountainous countryside than Switzerland.

Sedona is located in the southern part of the largest stand of Ponderosa pines in the world!



# NATIONAL & STATE PARKS

## 1. DEAD HORSE STATE PARK

Cottonwood. Located along the Verde River with 330 acres of picnicking, campsites and a fishing pond. A bird watcher's paradise in late spring. Hwy 89A Cottonwood.

## 2. FORTVERDE HISTORIC PARK

Camp Verde. Located in the town of Camp Verde, this fort was built in 1871 mainly as a supply and operations base. Interesting museum of the time period. I-17 Camp Verde Exit.

## 3. JEROME STATE HISTORIC PARK

Jerome. An old ghost town, this park recreates the old copper mining town's picturesque past. Hwy 89A Southwest.

## 4. RED ROCK STATE PARK

Sedona. Over 286 acres of beauty are preserved for you to discover the nature of Sedona. Lectures, exhibits, videos and guided tours inform you on flora, fauna, wildlife, geology and history. Lower Red Rock Loop Road off Hwy 89A South, Sedona.

## 5. SLIDEROCK STATE PARK

Oak Creek Canyon. Mother Nature's natural slick waterchute in Oak Creek offers a thrilling way to cool off. Picnicking is allowed but pets and glass containers are not. About 5 miles North of Sedona on Hwy 89A.

## 6. GRAND CANYON NATIONAL PARK

The world's most spectacular wonder of geological events! The Grand Canyon is 227 miles long and 4–18 miles wide and about one mile deep. You can visit the South Rim, which is only two hours from Sedona. Hwy 89A North through Oak Creek Canyon to I-40 West in Flagstaff.

## 7. MONTEZUMA CASTLE NATIONAL MONUMENT

Camp Verde. A misnomer, this well-preserved ruin was named after the emperor but he never came this far. Built by the Si-

nagua people ("without water") between 1100–1400 A.D. this pueblo cliff dwelling is an excellent reminder of their superior level of civilization. I-17 South Exit 289.

## 8. MONTEZUMA WELL NATIONAL MONUMENT

Rimrock. Actually a natural sinkhole, the remains of this ancient cavern were created by water percolating through limestone. It provides about 1.5 million gallons of water each day. Ancient people considered it a sacred place. I-17 South Exit 293.

## 9. SUNSET CRATER NATIONAL MONUMENT

A beautiful 400-foot crater formed by a volcanic eruption in 1066 A.D. Ice is a year-round phenomenon in the Ice Caves nearby. Astronauts trained for lunar missions here because of the moon-like landscape. From Flagstaff, 12 miles North of the Flagstaff Mall on 89A, then 2 miles East on signposted road.

## 10. TUZIGOOT NATIONAL MONUMENT

Clarkdale. An Apache word for "crooked waters," this Indian ruin was probably named after the meandering Verde River. Built around 1000–1400 A.D. by the Sinaguans. Hwy. 89A South Clarkdale.

## 11. WALNUT CANYON NATIONAL MONUMENT

You can use your imagination and pretend to live the life of a Sinaguan as you descend the 3/4-mile winding trail past 25 cliff dwellings. Or choose the easier Rim Trail. From Flagstaff, 7 miles East on I-40 To Walnut Canyon Exit 204. Three miles South on a paved road.

## 12. WUPATKI NATIONAL MONUMENT

An estimated 2,000 archaeological sites are said to be found on this ruin. Wupatki Ruin offers a self-guided trail which includes a trip by an ancient ball court. (From Flagstaff Visitor Center it is 14 miles East of 89A.)

There are six campgrounds operated by the Forest Service totaling 173 sites. They are open on a "first-come, first-serve" basis from Memorial Day through Labor Day. However, Chavez Crossing is open year round and 11 sites at Cave Springs Campground are available for reservation; phone 877.444.6777. Private campgrounds, RV facilities and over 200 RV sites are available in Sedona. Call the Sedona Ranger Station 282-4119 or the Sedona Chamber of Commerce 282-7722 for more information. RedRockCountry.org



C.J. "Bear" Howard about 1900

Courtesy of Northern Arizona University Library, Special collections



Sedona and T.C. Schnebly 1897

Courtesy of Northern Arizona University Library, Special collections

## SEDONA HISTORY

In a far away place in time, ancient winds began to blow rose-colored sand grains into magnificent mesas of crimson. These pinnacles have been sculpted by wind and water into monuments of timeless beauty called Sedona. The Hohokam had moved into the area by 700 A.D. Next, the Sinaguan means "without water," or farmers who rely on rainfall alone) arrived in the Sedona area. They were forced to leave after a violent volcanic eruption in 1066 A.D., which created the Sunset Crater. The residual volcanic ash, however, made the soils very fertile. This attracted the highly civilized Anasazi or "Ancient Ones" to join the returning Sinaguans. The Anasazi taught them to build sophisticated multi-storied pueblos, whose remains still stand today. Crude etchings in the rocks near ancient Indian ruins mark the beginning of Sedona's Art History. Their petroglyphs (etchings) and pictographs (paintings) are relished today as timeless art forms. They can still be viewed in the many Indian ruins that dot the Sedona area.

In the late 1300's, an unexplained occurrence caused these people to leave, almost overnight. Remnants of their corn cobs show they were still roasting in their fires! In 1583, it is believed that Antonio de Espejo was the first white man to travel to Red Rock Country. Pioneers, prospectors and trappers began to arrive in the early 1800s. In 1876 John "Jim" Thompson built his cabin in Oak Creek Canyon and became the first permanent white settler. An escaped convict from California,

named C.J. "Bear" Howard, built his hideout cabin at West Fork of Oak Creek. Bear Howard's cabin ironically became the Mayhew Lodge, where years later it was expanded and became a secret refuge of elite movie stars and presidents from around the world!

In 1901 a Pennsylvania Dutch couple, Theodore and Sedona Schnebly, moved to the area and purchased 80 acres. Hoping to get a post office established here, Theodore submitted the name "Schnebly Station." It was rejected because it was too long. His brother, Ellsworth, suggested using his wife's name. In 1902 the town was officially named "Sedona". Author and producer, Zane Grey wrote his famous book "Call of the Canyon". In 1923 Zane Grey convinced producer, Jesse Lasky to film the silent hit movie based on that book in its actual setting. After its success, film crews flocked to Sedona's beautiful Red Rock Country. Since then hundreds of movies have been filmed here. Today, the International Sedona Film Festival has become a world-class venue.

Another major landmark in Sedona's art history was the founding of the Cowboy Artists of America. Joe Beeler, Charlie Dye, John Hampton and Robert MacLeod founded this group on June 23, 1965 at the present day Cowboy Club Restaurant. Its purpose is to authentically perpetuate the memory and culture of the Old West. Sedona's Best invites you to embark on your own journey to discover and celebrate the wonderful, history, art and the beauty of Sedona.

# SEDONA'S BEST HIKES



## SCENIC & PHOTOGENIC HIKES

All Directions Start at the "Y" (the junction of S.R. 179 & 89A)

### 1 RED ROCK CROSSING

- 0.0 Go west towards Cottonwood
- 4.2 Turn left (south) to Red Rock Loop Road or US Forest Road #216
- 6.2 Turn left at fork in the road to go to Red Rock Crossing
- Crescent Moon Ranch - admission fee.
- Beautiful hike around Oak Creek leading to famous Cathedral Rock.

### 2 SCHNEBLY HILL VISTA

- 0.0 Go south on S.R. 179
- 0.3 Turn left at bridge to Schnebly Hill Road; continue over cattleguard. Road turns into a dirt road.
- 12.0 Parking area • Short hike to see vista
- There's plenty of hikes along the way if you don't want to go to the top but it's well worth it.

### 3 WEST FORK (USFS #108)

- 0.0 Go north on S.R. 89A toward Flagstaff
- 10.3 miles
- 10.3 Parking area \$10 per car.
- An unforgettable hike crossing over rocks in shallow creek the first three miles.
- Further up it requires hiking in water above your knees or deeper.

### 4 BOYNTON CANYON (USFS #47)

- 0.0 Go west
- 3.1 Miles turn right on to Dry Creek Road; stay till it ends
- 5.9 Turn left on to Boynton Pass Road
- 7.4 Turn right onto Boynton Canyon Rd. Go to 7.6 parking area.
- Hike 1.5 miles to cliffside ruin.

FOREST SERVICE INFORMATION:  
928-282-4119







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ages. Discover our Native American-inspired Spa Rituals for an Inner Journey towards your True Nature including: "The Wheel of Life" Gem Stones Reading, "Vision Quest" A Sedona Experience, and "Sweat Lodge" - A Steamy Spa Experience. In addition, we offer couples massage and many tandem body treatments. Come to Sedona's new Day Spa. It's simply Magical!

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- SedonaNewDaySpa.com

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## 3. CRYSTAL CASTLE

Crystal Castle has served the Sedona community and their visitors from all over the world for over 30 years, providing quality crystals, gemstone jewelry, metaphysical books, and gifts. Paul Jensen's "Tools for Evolution", based on Marcel Vogel Power Cuts, are available in pendants, rings, and earrings in Sterling Silver and 14K Gold. We feature Light Technology Publishing with its most interesting selection of books on UFO Activity, Extraterrestrial Communication,

and the True History of Earth. Our services include trusted Psychic Advice, an interactive Aura Station, a Photon Genius as well as the VIBE Quantum Pulse Energizer.

- 928-202-0107 • 1350 West S.R. 89A Ste 21
- SedonaCrystalCastle.com

## 4. NAMTI SPA – Where the Locals Go!

Pamper yourself at NAMTI Spa, voted Best Massage Therapy by Sedona Red Rock News. For over 20 years the professionally licensed therapists at Sedona's largest day spa have offered a great variety of services to ensure a relaxing, beautifying and healing experience. Centrally located in West Sedona, locally owned NAMTI Spa makes scheduling same-day appointments, retreats, groups, parties of 12 or more possible.

**SERVICES:** MASSAGE Choose from: Swedish, deep tissue, reflexology, craniosacral,



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sessions are designed as head-to-toe treatments that balance & detoxify the body, mind, and spirit including unique Sedona-style offerings with intuitive energy healing, reiki, chakra balancing, polarity, hands on healing and more. Peruse the Spa Deals page at NAMTIsSpa.com to view discounted combos and packages! Open 7 Days a Week • Walk-ins & Large Groups Welcome based on availability. Rates begin @ \$79/ Hour

60 Tortilla Dr. Sedona, AZ 86336 View Full Menu and Book Online at NAMTIsSpa.com or call 928- 282- 7737

### 5. GONE GREEN CBD

Not all CBD oils are created equal.

Gone Green CBD is a full-spectrum hemp oil with a wide range of cannabinoids that create the "entourage effect" for maximum results. Don't get fooled by imitators.

*cont. on pg. 58*

*GONE GREEN CBD cont. from pg. 57*

Many oils label the amount of hemp oil but not the number of Cannabinoids, the true measure of potency. We source our hemp oil domestically and press the oil from the full plant, including the flower. We use only the purest, pesticide-free ingredients. Every batch is tested and sent to third-party laboratories to ensure quality and potency. Get the "real deal." Gone Green CBD has been seen on Shark Tank, HGTV, Discovery, History Channel, Food Network, and A & E. Available locally at Interdependence Natural Foods, 2081 AZ-8A #5 • Sedona, AZ 86336 • Located next to Harkins Theater in West Sedona • (888)-793-8891 or order at [GoneGreenHemp.com](http://GoneGreenHemp.com).

### 6. SEDONA HEALING ARTS

Psychic Readings that heal

You were called to Sedona. This is your opportunity to get answers to your deepest questions and resolve your greatest hurts. Open your mind, your eyes, and ears to people, places, and things as signs and symbols, messages for you, from you, through you, the universe. This is love. Receive validating, life-changing messages that soothe your soul through the Advisors at Sedona Healing Arts. • 201 S.R. 179 • 928-282-3875 • [www.SedonaHealingArts.com](http://www.SedonaHealingArts.com)

### 7. SEDONA MEDISPA & WELLNESS

Take the beauty of Sedona home with you! Now that you're on vacation in beautiful Sedona, isn't it time to take care of yourself? Gift yourself the personal transformations that will truly make a difference in your life. Go home looking 5-10 years younger with the Sedona Y-Lift; a non-surgical facelift with no downtime. Results in a day that last for years. Or recapture your sexual vitality naturally, without pills, using the GAINSWave-Sedona procedure. Surprise all your friends on your return home with a new, refreshed, younger you. Stop by or call for a free consultation. Check out

our website to learn more about the wonderful rejuvenating services we offer. Voted "Best of Sedona" for the last ten years. Become a more beautiful you today at Sedona MediSpa & Wellness • 1146 W. S.R. 89A • 928-284-0166 • [www.SedonaMediSpa.com](http://www.SedonaMediSpa.com).

### 8. THERAPY ON THE ROCKS

Our Center is a four-story cliff house nestled above Oak Creek at the entrance to Oak Creek Canyon. Enjoy the magnificent Sedona Oak Creek setting from the creekside whirlpool, redwood sunning treatment decks, and cozy treatment rooms overlooking a fifty-foot waterfall cascading down into beautiful Oak Creek. Your treatment will be individualized to meet your particular needs in a caring and respectful manner by highly trained therapists. Treatments are very effective in treating headaches, fibromyalgia, reducing pain, improving women's health and so much more. People are referred from all over the world to us when traditional therapy, medication, or surgery has failed to produce the desired results. Experience the expertise, guidance, healing environment, and therapeutic hands-on Myofascial Release Treatment so that you can return to a pain-free, active lifestyle! "Therapy On The Rocks"

• 676 N S.R. 89A, Sedona AZ 86336  
• 928-282-3002 • [TherapyOnTheRocks.net](http://TherapyOnTheRocks.net)

### 9. THE SPA AT SEDONA ROUGE

Find your center in the midst of Sedona's fabled vortex. Staffed by certified massage therapists and experienced estheticians, The Spa at Sedona Rouge offers a full slate of regenerative services, each tailored to your needs. From ancient Ayurvedic treatments to reflexology, herbal wraps, and indulgent massages, choose the path to rekindle your appreciation for the little things in life.

• 2250 West S.R. 89A Sedona AZ 86336  
• 928-340-5313  
• [SedonaRouge.com/sedona-rouge-spa](http://SedonaRouge.com/sedona-rouge-spa)

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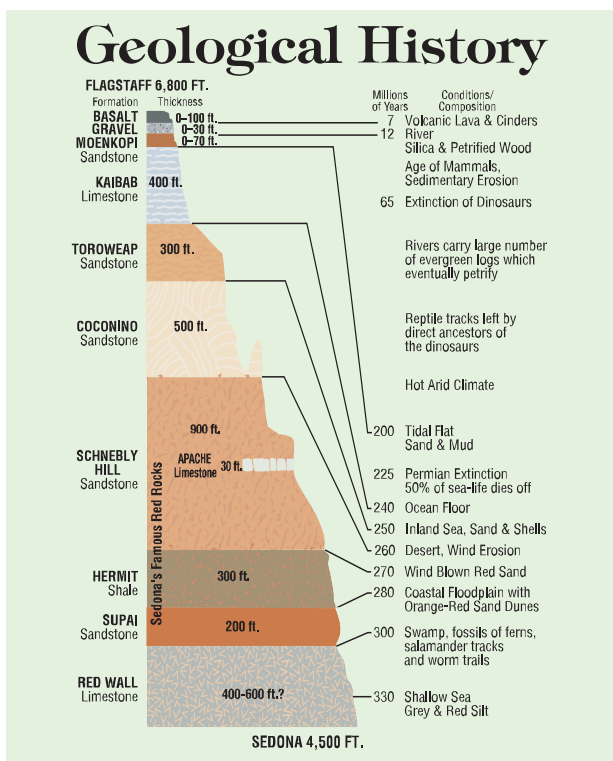


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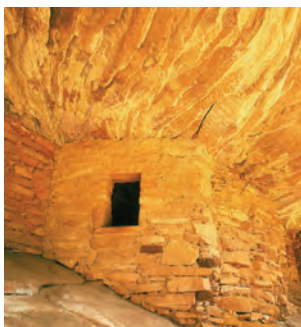
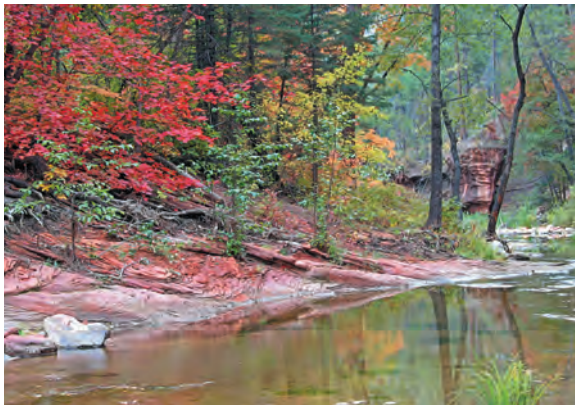
## SEDONA'S RED ROCKS

Sedona's famous formations have been slowly created for over 350 million years of time. From oceans to deserts to volcanic eruptions, Sedona's geological events have been quite active, all contributing to the fascinating vistas we see today.

To understand the geological history of the area, imagine the surface of the land to be a gigantic layer cake about 5,000 feet (above sea level) high and about 150,000 square miles in area called the "Colorado Plateau". If we were to cut a slice of this cake, we would see about ten various layers of sedimentary rock signifying different geological events.

As you may notice in the diagram pictured here, the three formations, Schnebly Hill,

Hermit and Supai— compose the distinctive, beautiful formations of Sedona. This is due to their unusual susceptibility to erosion. The Supai Formation was named after the Havasupai Indians and is the softer, pale-pink to reddish-brown sandstone. Sedona's exceptional scarlet color comes from the red iron-oxide stains formed when flood plain deposits of iron minerals mixed with available oxygen at that time. Faulting helped the creek waters to break through the lava cap and carve the magnificent canyons. The forces of nature that have contributed to Sedona's colorful canyons and sandstone monoliths are many and today offer a powerful, panorama for all to behold!



## SEDONA'S NATURE

Just as rare as Sedona's Beauty is the unusual diversity of plant and wildlife in this area. Due to a tremendous change in altitude of 2,000 feet, there are about eight plant communities from the top rim to the mouth of the canyon: Ponderosa Pine-fir Forests part of the largest in the world, Chaparral, Piñon-Juniper Woodland, Evergreen Oak Woodland, Arizona Cypress Woodland, Upper Riparian, Lower Riparian and Desert-Grassland. Many times these communities overlap and form new ones called "ecozones."

These varied communities, along with the dependable water supply from Oak Creek and West Fork, house over 300 species of vertebrate animals and over 55 types of mammals. In the remote areas, you may encounter black bear, mountain lions and bobcats. Within the city limits, it's not unusual to see a coyote or even a javelina parade across the street! With 80 types of fish, amphibians and reptiles you might meet up with harmless lizards known to scoot across the sidewalks in search of shade under a desert plant. The Sedona area

boasts over 550 species of seed plants like the prickly pear cactus. It blooms with gorgeous colored flowers. Also a useful plant (like most desert plants), the prickly pear bears a scrumptious fruit that residents turn into jellies and sauces. The agave or century plant sprouts a 12-foot asparagus-looking stem in just 7 days at the end of 25 years! The ancient Indians roasted this plant in pits. They ate it like we do artichokes and used the other leaves to make needles, thread, baskets, shoes, eating utensils, and more!

Appearing at first glance to be barren, the desert and surrounding Sedona plant communities are actually bursting with beauty, fascinating wildlife and are alive with plants offering hundreds of uses from shampoos to food for man's survival and comfort. If you'd like to explore Sedona's various canyons and wildlife, check with the Forest Service or see our hiking section for further information.







**Planning a trip to beautiful Sedona? We are here to help!  
Contact out local team of lodging experts today**



**928-440-2576 • [www.sedona.org](http://www.sedona.org)  
[reservations@sedona.org](mailto:reservations@sedona.org)**

### **1. ARABELLA HOTEL SEDONA**

The Arabella Sedona is centrally located in the heart of Sedona just steps from the world-famous Tlaquepaque Arts & Shopping Village, and the Hillside Shops. Both locations are filled with dining, art galleries, and shopping experiences. Your stay at The Arabella offers complimentary breakfast, complimentary WiFi, 2-swimming pools, 2-hot tubs, a bike spa, an on-site dog park, sculpture gardens, complimentary cruiser bikes to get you around Sedona, and views as far as the eye can see. The Arabella is a hummingbird sanctuary and is conveniently placed at the base of many local hiking and biking trails. Come and experience nature and discover yourself at The Arabella Sedona. • 725 S.R.179, Sedona, Arizona 86336 • 928-282-7151 • [ArrabellaHotelSedona.com](http://ArrabellaHotelSedona.com)

### **2. ENCHANTMENT RESORT & SPA**

Combining luxury with rugged grandeur, this acclaimed Sedona resort is the ideal destination with daily activities like hiking, mountain biking, nature exploration, outdoor adventures and attractions including courts and the world-famous Mii amo Spa. • 525 Boynton Canyon Road 928.282.2900 • 800.826.4180 • [EnchantmentResort.com](http://EnchantmentResort.com)

### **3. POCO DIABLO RESORT**

Full-service Sedona resort on 22-acres surrounded by spectacular red rocks. Nicely appointed spacious guest rooms with refrigerators, high-speed wireless internet, golf, tennis, heated pool, fitness center, spa and concierge services. Specialty rooms feature an in-room jacuzzi, patio and fireplace. Full-

*cont. on pg. 65*

Map Number/Hotel	No. of Rooms	Kitchenettes/Suites	Meeting Rooms	Fireplaces	Restaurant/Lounge	Room Service	N/S & Handicap Rms	Fitness Facilities	EV Charging Station	Pool/Jacuzzi/Hot Tub	Free Breakfast	Rates	Pets Allowed
1. Arabella Hotel Sedona 1-877-480-044 928-282-7151	144	•	•		•		•	•		P J HT	•	\$109- \$379	•
2. Enchantment Resort 1-800-826-4180 928-282-2900	218	some rooms	15	some rooms	•	•	•	•	5	P J HT		\$405 \$2000	•
3. Poco Diablo Resort 1-866-249-0259 928-204-3400	137	•	7	•	•	•	•	•		P HT		\$149- \$389	•
5. Sedona Real Inn & Suites 1-800-353-1239 928-282-1414	89	•					•	•		P J	•	\$124 \$262	•
6. Sedona Rouge 1-866-312-4111 928-203-4111	103		•	•	•	•	•	•	4	P HT		\$169- \$2000	•
7. Sky Ranch Lodge 1-800-916-4339 928-282-6400	94	•		•			•			P J		\$125- \$259	•
8. Sky Rock Inn 1-800-292-6344 928-282-3072	110	•		•			•	•	2	P J		\$129- \$279	•

*POCO DIABLO RESORT cont. from pg. 63*

service meeting and banquet facilities. TC's Bar and Grill offers indoor/outdoor dining. Seasonal rates. • 1752 SR 179

- 928-282-7333 or toll-free 1-877-282-5755
- PocoDiablo.com

#### **4. SEDONA.ORG**

We are the premier property manager for vacation rentals in Sedona, AZ. With over 20 years in the short-term rental industry, we offer the best properties to visitors and fetch the highest ROI for our homeowners. If you're looking for some great homes-away-from-home in Sedona, we've got a great selection of beautiful Sedona vacation rentals that are sure to make your vacation perfect. Offering amazing furnishings, luxury amenities, and so much more! These Sedona rentals are sure to make your vacation a memorable one! Contact us to experience the difference between what a professional service can offer you. Call 928.440.2576 • Sedona.org  
• reservations@sedona.org

#### **5. SEDONA REAL INN & SUITES**

Set off State Route 89A, this family-owned adobe-style hotel is a 9-minute drive from the Sedona Airport and 4 miles from Seven Canyons Golf Course. Warmly decorated rooms and suites have flat-screen TVs, DVD players, microwaves, minifridges and free Wi-Fi. Suites include living rooms and fireplaces; some have private patios and/or whirlpool tubs. Freebies include a breakfast buffet, loaner DVDs, and the use of toys for the outdoor pool. A fitness room with

a treadmill, strength-training equipment and an elliptical machine. There's a private park-like area with a dog area, a charcoal BBQ, a horseshoes pit and a fire pit surrounded by patio chairs.

- 95 Arroyo Piñon Dr. Sedona, AZ 86336
- 928.282.1414 • SedonaRealnn.com

#### **6. SEDONA ROUGE**

Located in West Sedona, Sedona Rouge is an urban oasis with pampering amenities, artful cuisine and a blissful night's sleep. The hotel features an award-winning spa and a delightful restaurant. Impressive red rock formations are just steps away. You never know where inspiration might strike!

- 2250 West S.R. 89A Sedona AZ 86336
- (928) 641 6523 • SedonaRouge.com

#### **7. SKY RANCH LODGE**

This idyllic island above Sedona, minutes from all attractions featuring six acres of landscaped seclusion. Kitchenettes available, heated pool, jacuzzi, walking paths and view in all directions. Best sunsets in Arizona. • 800-916-4339 or 928-282-6400

- 1105 Airport Rd. Sedona AZ 86336
- SkyRanchLodge.com

#### **8. SKY ROCK INN**

A resort-style property with unbeatable views of Sedona's red rocks. Heated outdoor pool and hot tub. Restaurants within walking distance. 1200 W. S.R. 89A

- 800-292- 6344 or 928-282-3072
- SkyRockSedona.com



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### QUICK CONNECTIONS

#### ARIZONA PUBLIC SERVICE

**APS** 928-282-7128  
aps.com Mon-Fri 8:30 am-5 pm

#### ARIZONA WATER COMPANY

**AZW** 928-282-5555  
azwater.com Mon-Fri 8 am-5 pm

#### TELEVISION & INTERNET

**Speed Connect** 928-77-1111  
speedconnect.com Mon-Fri 8 am-5 pm

**Suddenlink** 844-874-755  
suddenlink.com Mon-Fri 8 am-5 pm

**DIRECT TV** 877-778-8364  
directstartv.com

#### RECYCLING & TRASH

**Patriot Disposal** 928-203-999  
Curbside trash & recycling  
patriotdisposal.com

**Sedona Recycles** 928-204-1185  
sedonarecycles.org  
2280 Shelby Dr

**WASTE MANAGEMENT** wm.com  
Curbside trash & recycling

#### TELEPHONE & MOBILE SERVICES

**Verizon Wireless** 866-487-1222  
gowireless.net

#### UTILITIES

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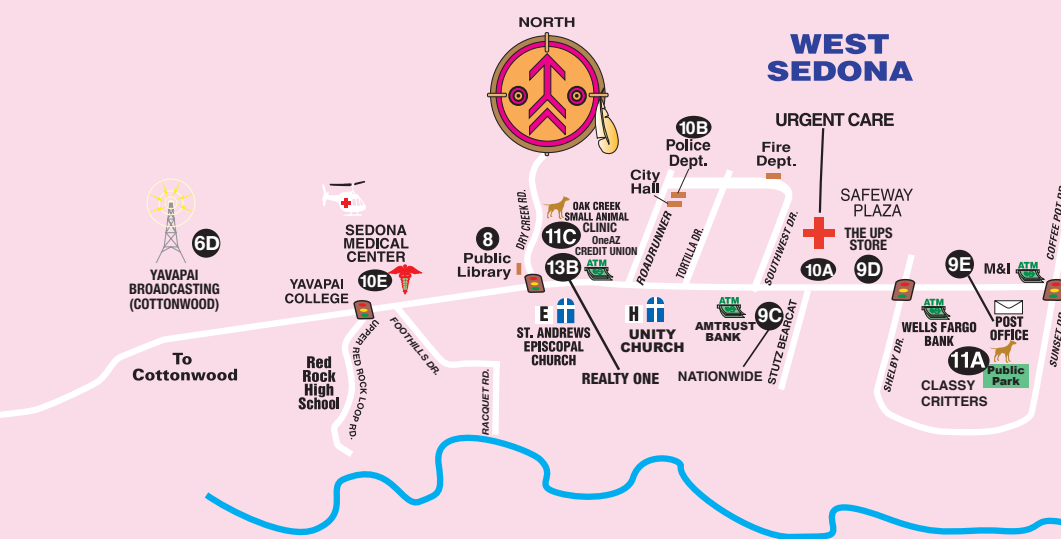
[www.SedonaRealEstate.com](http://www.SedonaRealEstate.com)

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Sedona Airport Terminal 282-4485

2. BANKS WITH ATMS

- A. AmTrust Bank 282-7440
- B. Bank of America 282-4444
- C. Chase Bank 282-4127
- D. National Bank 204-1060
- E. OneAZ Credit Union (800) 671-1098
- F. Wells Fargo 282-7145

3. CAR WASH

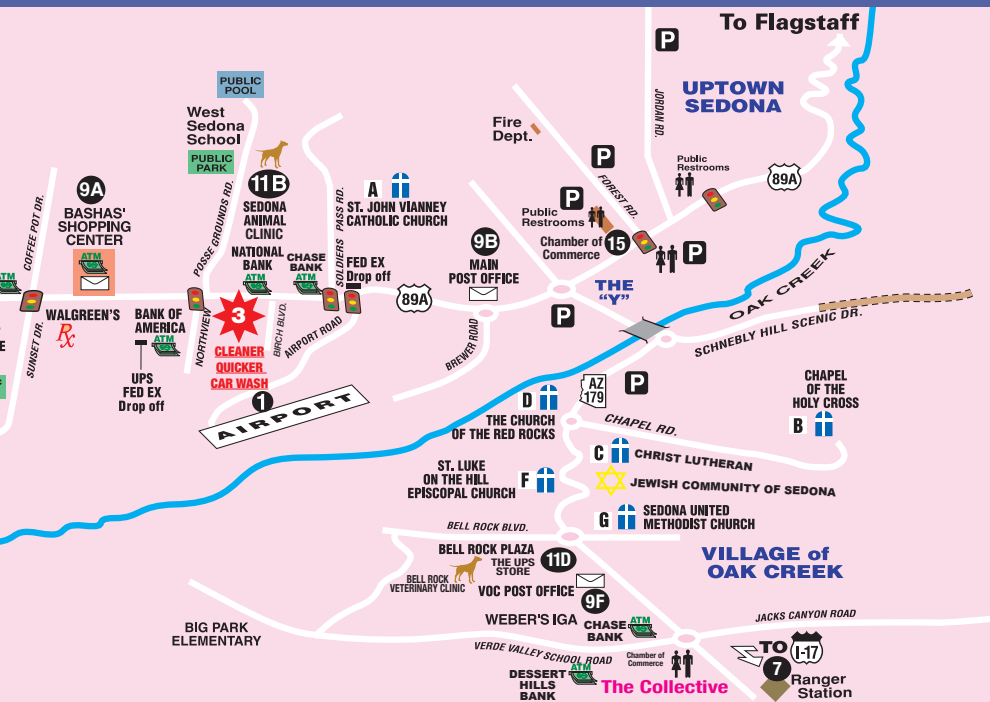
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• www.cleanerquickercarwash.com

4. CHURCHES

- A. St. John Vianney Cath. Church 282-7545  
Soldiers Pass Road
- B. Chapel of the Holy Cross 282-4069  
Chapel Road
- C. Christ Lutheran 282-1022  
25 Chapel Road
- D. Church of the Red Rocks 282-7963  
54 Bowstring Dr.
- E. St. Andrews Episcopal 282-4457  
100 Arroyo Piñon Dr.
- F. St. Luke On The Hill 282-7366  
Episcopal
- G. Sedona United Methodist 282-1780  
110 Indian Cliffs Rd.



**H. Unity Church**

65 Deer Trail Dr.

282-7181

**I. Jewish Community Center**

100 Meadowlark Lane

204-1286

**5. CITY TELEPHONE NUMBERS****EMERGENCY** 911**Fire Dept** 282-7101**Police Dept** 282-3100**Coconino County Sheriff** 1-800-338-7888**Yavapai County Sheriff** 567-7710**Sedona City Hall** 282-3113**6. COMMUNICATION /NEWSPAPERS/TV****6A. BEST OF SEDONA TV PRODUCTIONS**

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**6B. Sedona Red Rock News**

282-7795

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**6C. Sedona.biz**

800-473-5873

**6D. Yavapai Broadcasting**

Oldies: KKLD 95.9 FM, "The Cloud"-Stormin' Oldies. Country: KVRD 105.7 FM, Yavapai County's Country Home. Hit Radio: KQST "The Q 102.9" FM, KYBC AM 1600, America's Best Music.

**7. HIKING****Sedona Forest Rangers**

928.282.4119

8375 State Route 179

[www.fs.usda.gov/activity/coconino/recreation/hiking](http://www.fs.usda.gov/activity/coconino/recreation/hiking)**8. LIBRARY****Sedona Public Library**

928.282.7714

3250 White Bear Rd • [sedonapubliclibrary.org](http://sedonapubliclibrary.org)**9. MAILING & SHIPPING****9A. Bashas**

(928) 282-9541

160 Coffee Pot Drive, Sedona, AZ 86336

**9B. Main Post Office**

282-3511

190 W State Route 89A, Sedona, AZ 86336

MAILING &amp; SHIPPING cont. on pg. 70

MAILING & SHIPPING cont. from pg. 69

**9C. Nationwide Pack & Ship** (928) 282-1804  
2675 W State Route 89A, Sedona, AZ 86336

**9D. The UPS STORE** (928) 282-1967  
SAFEWAY PLAZA

2370 Arizona 89A #11, Sedona, AZ 86336  
**9E. West Sedona Post Office** 282-3482

2081 W State Route 89A Ste 12,  
Harkins Plaza, Closes 1-2 pm for lunch

**9F. Village of Oak Creek Branch** 284-3506  
45 West Cortez

## 10. MEDICAL

**EMERGENCY** 911

**A. NEXTCARE URGENT CARE** 203-4813

**B. Sedona Police (non-emergency)** 282-3102

**C. Sedona Rescue Ambulance** 282-6800  
(non-emergency)

**D. Flagstaff Medical Center** 779-3366

**E. Sedona Medical Center** 204-3000

## 11. PET

### GROOMING & BOARDING

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2081 S.R. 89A #2

### VETERINARIANS

**B. Sedona Animal Clinic** 282-4133

100 Posse Grounds Rd

**C. Oak Creek Small Animal Clinic** 282-1195

3130 W. HWY 89A

**D. Bell Rock Veterinary Clinic** 284-2840

45 Bell Rock Plaza

## 12. PUBLIC RESTROOMS

A. Chamber of Commerce

B. Jordan Side of Uptown Mall

C. Sinagua Plaza

D. Pink Jeep Plaza

## 13. REAL ESTATE

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- 928-323-0031 • Will@OwnInSedona.com

- OwnInSedona.com

- Realty One Group Mountain Desert

- 3150 W. S.R. 89A, Sedona AZ 86336

## 14. SCHOOLS

### PRIMARY & SECONDARY SCHOOLS

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221 BREWER RD.

928-204-6800

### CONTINUING EDUCATION

**Coconino Community College** 527-1222

**Yavapai College** 445-7300

**Sedona Center for Arts** 282-3809

**Osher Lifelong Learning Institute** 649-4275

Ollisv.org

**Northern Arizona University** 523-9011

Nau.edu

## 15. VISITOR INFORMATION

**CHAMBER OF COMMERCE** 282-7722



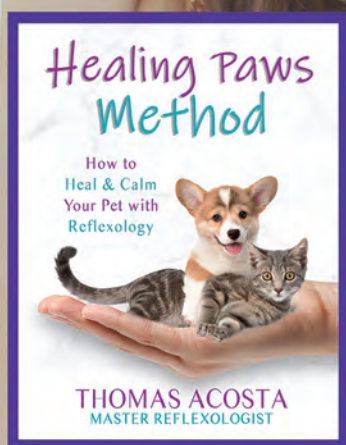
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