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Flamenco Music *in the* Courtyard

Flamenco Guitarist "Gaetano" will be performing authentic Gypsy style Flamenco through soulful songs and fiery guitar. Gaetano, who was raised in Seville, Spain, brings a charismatic and traditional approach to the Flamenco genre. Performances start first week in April, 2022 and throughout the spring, summer and fall season every Sunday, Monday and Tuesday, 5:30 to 7:30 pm.



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GUIDEBOOK

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Publisher: Best of Sedona

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HOW TO USE THIS GUIDE

Sedona's Best Guidebook is divided into various color-coded sections, so you can easily locate what you need. Each directory has a map as well as a detailed listing.

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Red Rock Crossing
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Heber Lopez Photography

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- Pelvic Floor Pain & Dysfunction
- Urinary Incontinence
- Urinary Urgency
- Vulvodynia
- Painful Scars
- Problematic Breast
Implant/Reduction Scars
- Menstrual Problems
- Endometriosis

WELCOME TO SEDONA!

SEDONA, A LAND OF TIMELESS BEAUTY, IS SURROUNDED BY
MAGNIFICENT, NATURAL RED ROCK SCULPTURES AND PRISTINE
NATIONAL FORESTS.

Standing about 4,300 feet above sea level, Sedona is centrally located less than two hours north of Phoenix and just two hours south of the Grand Canyon. Perhaps one of the most spectacular secrets of the world, Sedona enchants millions of visitors (and native Arizonans) each year. Erosion has sculpted this panoramic masterpiece for over 350 million years! Ancient Indians believed that Sedona was a sacred land and today their ruins still dot the area. In what is notably referred to as Red Rock Country, the rock formations have been given many affectionate names by the residents such as: Snoopy, Bell Rock, Coffee Pot Rock and Cathedral Rock. Sedona's natural beauty has also attracted movie stars and film producers, like Walt Disney, for decades. Today, Sedona is a major cultural center for the arts in the West and is home for over 40 galleries and dozens of internationally acclaimed artists and writers. Bustling with major cultural events, four-star resorts and restaurants, championship golf courses, exciting adventure tours, several national and state parks, and one-of-a-kind shopping Sedona is

certainly a destination of unforgettable experiences!

Any season is a wonderful time to visit Sedona. Each of the four seasons has its own special delights. It is a haven from Phoenix's extreme summer heat, and usually about 20 degrees warmer than Flagstaff in the winter. Sedona's altitude gives it a unique, mild climate all its own. Plan to stay for several days because you won't want to miss all the exciting things to see and do. Sedona's Best hopes to make your stay in Sedona more pleasant by guiding you around town with maps and recommended stops. As you travel through Sedona, you may become mesmerized with a sense of wonder at this gem of nature called Sedona... a treasure perhaps unmatched on this earth! We invite you to enjoy this treasure and share in our respect for this precious land, just as the previous ancient inhabitants did, so generations yet to come may also know the beauty you experience here. Welcome to the Beauty of Sedona!

Joey Best PUBLISHER

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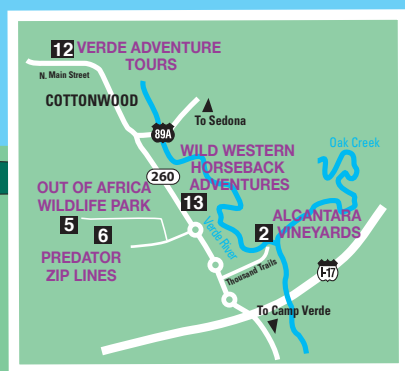
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RED ROCK
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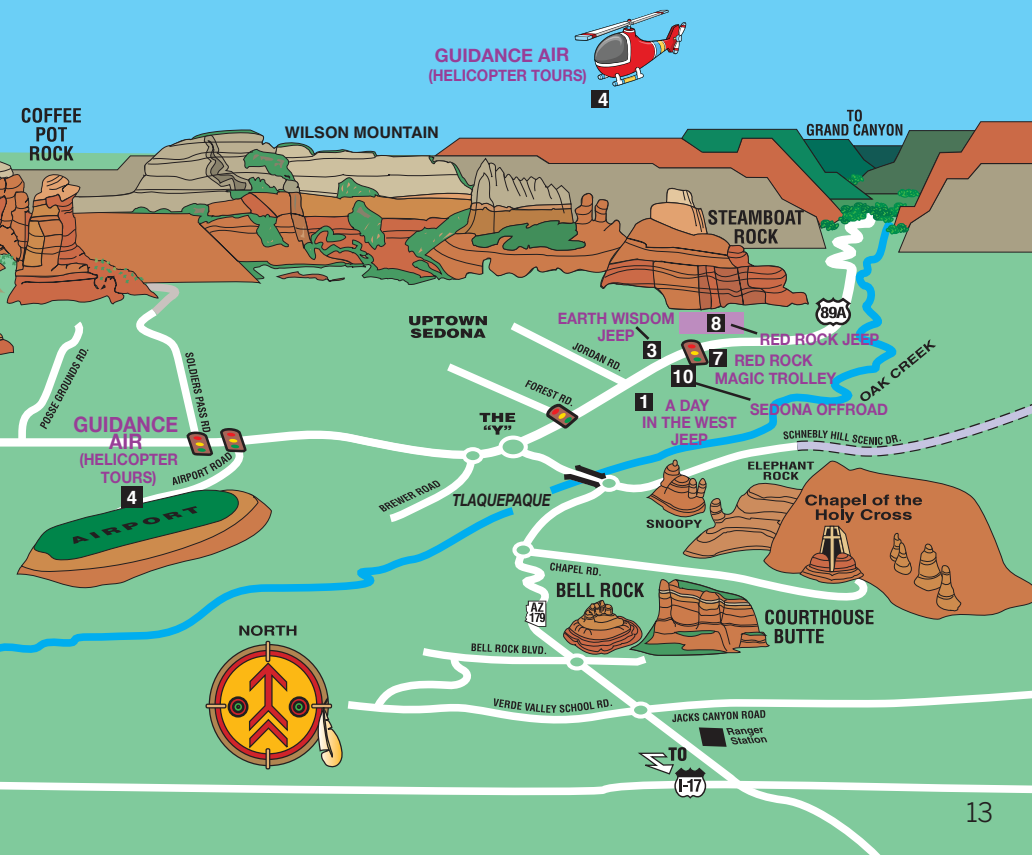
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1. A DAY IN THE WEST JEEP TOURS

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- 928-282-4320 • 252 N. SR89A in Uptown Sedona, AZ 86336, east side of the road.
- ADayInTheWest.com

2. ALCANTARA VINEYARDS

Alcantara is a family-owned, local business that began in 2004. Alcantara Vineyards has over 20,000 vines and offers 17 different varietals set amid the confluence of the Verde River and Oak Creek. With wine tastings, river trips, weddings, weekend barbecues and massages, you'll find something for everyone. Open Daily 11 am - 5 pm

- 3445 S. Grapevine Way, Cottonwood, Arizona 86326 • 928-649-8463 • AlcantaraVineyard.com

3. EARTH WISDOM JEEP TOURS

We are the only Sedona tour company to have permits for all of the famous Vortex sites in Sedona! • 301 N. SR 89A in Uptown Sedona, AZ 86336 at the Sacajawea Plaza – free parking in back from Jordan Rd. • 928-282-0254

- EarthWisdomTours.com

4. GUIDANCE AIR: HELICOPTER TOURS OF SEDONA

Sedona's premier helicopter tour operator is rated #2 of 136 outdoor activities in Sedona by Trip Advisor, and #3 in the nation by USA Today. See the beauty of the red rocks from a truly awe-inspiring perspective! Everyone gets a window seat with spectacular views and members from the same household are the only guests in the helicopter at a time. Create an extraordinary experience such as an intimate dinner and sunset flight or your own custom charter adventure to the Grand Canyon! Visit us at 1200 Airport Rd., Sedona, AZ 86336. Call 928-351-1000 to reserve your flight or book online at www.GuidanceAir.com

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- Out of Africa Wildlife Park • 3505 W State Route 260, Camp Verde, AZ 86322 • 928-567-2840
- OutOfAfricaPark.com

6. PREDATOR ZIP LINES

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- PredatorZipline.com

7. RED ROCK MAGIC TROLLEY

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- 928-821-6706 • RedRockMagicTrolley.com

8. RED ROCK WESTERN JEEP TOURS

Providing informative and fun insight about the history and folklore of Sedona's Red Rock country. Our jeeps have heated seats to enjoy awesome year-round scenery. • 301 N. SR89A in Uptown Sedona, AZ 86336 at the Sacajawea Plaza – free parking in back from Jordan Rd. • 928-282-6667

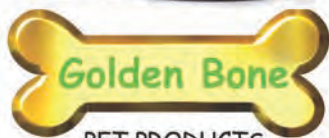
- RedRockJeep.com

9. SEDONA FILM FESTIVAL

The 28th Annual Festival will take place February 19-27, 2022 in Sedona, Arizona. And the 29th Annual Festival will take place February 18-26, 2023. The nine-day festival features more than 130 films, including features, documentaries, shorts and animation. Filmmakers and audiences from around the world have heralded Sedona's festival as one of their favorites. The festival workshop series brings Academy Award winning industry professionals to Sedona to teach, inspire and share their knowledge with the next generation of filmmakers.

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10. SEDONA OFFROAD ADVENTURES

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Free parking in the back! 320 N. SR 89A, Sedona, AZ 86336 • 928-282-6656

- SedonaJeepTours.com

11. SEDONA XPERIENCE

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- 671 SR 179, A-CT6
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Views and provide the dressing room sitting area with a pleasant light & bright atmosphere— the perfect spot for your shopping partner to sit and relax while you explore the store. • Open 7 days a week 9 a.m. to 6 p.m. • Located at the Shops at Pinon Pointe, Uptown Sedona • north courtyard, unit C13, adjacent to Wildflower Bread Co. • 101 N. SR89A in Uptown Sedona, AZ 86336 • Free parking next to the Hyatt Residence Club.

- www.shopinspiredcollections.com
- (928) 852-1708

3. CEDIC PLAZA

"Meet me At The Clock Tower" in the center of Uptown Sedona, SR 89A and Jordan Road Roundabout. Three unique shops: Red Rock Impressions – locally made women's clothing, resort wear and jewelry; Sono Kitchen – Famous original Asian street food and authentic Taiwan Boba teas; RC Gorman Navajo Gallery – prints and gifts from the "Picasso" of Native American Art • 285 Jordan Rd. • cedicplazasedona.com • Email: Cedic@Q.com

4. CRYSTAL CASTLE BOOKS & GIFTS

Crystal Castle has served the Sedona community and their visitors from all over the world for over 30 years, providing quality crystals, gemstone jewelry, metaphysical books and gifts. We feature Tools for Evolution based on Marcel Vogel Power Cuts in crystal wands, high quality crystal pendants, rings and earrings. A new stunning line of Kate King's Vibrational "Jewellery" has taken Sedona in a storm! Please check our website for our yearly Trunk Shows held at CRYSTAL CASTLE. Light Technology Publishing is represented in our store with its most interesting selection of books on Ascension, information on UFO Activity, Extraterrestrial Communications and perspectives on the True History of Earth.

CRYSTAL CASTLE cont. on pg. 20

SEDONA

International
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28th Annual Festival:
February 19-27, 2022

29th Annual Festival:
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CRYSTAL CASTLE cont. from pg.18

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- 1350 West State Route 89A, Suite 24 - Next to Whole Foods. • 928-202-0107
- www.SedonaCrystalCastle.com.

5. DIVA HILLSIDE

Experience the extraordinary at Diva Hillside, Sedona's premier Lifestyle boutique. An eclectic mix of women's clothing, jewelry, unique gifts, and household treasures. In addition, We are pleased to announce, the opening of our new section featuring accent furniture and wall decor. Winner of Sedona's Best Boutique as well as Readers Choice, Best Women's Clothing Store. On the cutting edge of fashion with current trends in casual to special occasion, with lines by designers Sympli, Johnny Was, Moonlight, Dolcezza, Alembika, Liverpool, Chalet, Oh My Gauze, Inoah, IC Collection, French dressing, Habitat, and Jess and Jane to name a few, specializing in sizes 4-20. We literally scour the globe bringing you fabulous finds you won't find anywhere else in Arizona, including gift items such as Nora Fleming, Inspired generations, Uttermost, Sticks, Kalalou, Creative Co-Op, J Alexander, and more! We also carry a nice selection of infant and children's educational toys, books, and gifts. For an exciting shopping adventure, you are invited to stop by and experience for yourself, The Extraordinary at Diva Hillside. Shipping and Special ordering available. • 671 SR 179, in the Hillside Sedona Shopping Center, upstairs in the courtyard. • 928-282-0527.

6. GOLDEN BONE

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- 3080 W. SR 89A, Sedona AZ 86336

7. JAMES RATLIFF GALLERY.

Over the last 57 years the name James Ratliff has become synonymous with fine art. Owning the first gallery on Main Street in Scottsdale in the 60's, Ratliff's ever-growing love/knowledge of art continues to evolve and today Jim is looked to for guidance by both artists and clients. James Ratliff Gallery has been located in Sedona, AZ for 38-plus years. Ratliff knows the value of fine art and will not settle for inferior or mass-produced artworks. James Ratliff Gallery provides the finest service to valued clients. For Jim Ratliff, the gallery business is his life's work. Open Tuesday through Saturday 11 a.m. to 5 p.m. and on Sundays from 11 a.m. to 5 p.m. Closed Sunday and Monday. 671 State Route 179, Hillside Sedona, Suite AST1 and AST 2, Sedona Arizona 86336 • 928- 282-1404

- fineart@jamesratliffgallery.com
- jamesratliffgallery.com

8. THE MIC

'Fun Fashion for Rock Stars & Boomers' – The MIC – Music Inspired Collection clothing store – is where you'll find funky; fun; rock star apparel for men & women & unique Gifts. Featuring local designer, Christy Fisher's colorful; fun fashion, with outfits for all shapes & sizes. Great selection of music inspired

THE MIC cont. on pg. 22

JAMES RATLIFF GALLERY



COLOR COLUMN
Judy Choate
30 X 15 • Acrylic On Canvas



DEFIANCE
Bill Churchill
27 X 10 X 8 • Mahogany



SHADOW OF THE WRANGLER
Diann Kincaid
51 X 37 • Oil On Panel



COWBOY IN CHAPS WITH GOLD
Diann Kincaid
28 X 24 • Oil On Panel



DESERT SPRINGS BLOSSOMS
Greg Heil
46 X 62 • Oil On Canvas



671 S.R. 179, Suites A-1 & A-2
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Jamesratliffgallery.com

THE MIC cont. from pg.20

graphic tees including rock star legends; Sedona logo tees & hoodies; Swimwear; cool, edgy jewelry & accessories for men & women; Fedora hats; and fun, unique music inspired gifts. Great atmosphere with friendly, personable sales associates. Open 7 days a week 9 a.m. to 6 p.m. • (928) 325-4034 Located at the Shops at Pinon Pointe, Uptown Sedona • south courtyard, unit D22, next to The View Coffee Café • 101 N. SR 89A, Sedona, AZ 86336 • Free parking next to the Hyatt Residence Club.

• www.shopinspiredcollections.com

* The MIC has a retail 'micro boutique' that is located inside Sound Bites Grill; featuring fun rock star apparel for men & women; Sedona Tees & hoodies; wine & culinary gifts; and music inspired hats & souvenirs. For further information, about the store, visit soundbitesgrill.com or call 928-282-2713

9. THE SHOPS AT PIÑON POINTE

Discover The Shops at Pinon Pointe:

- Always On Vacay • Chico's Women's • Cold Stone Creamery • Indian Touch of Sedona
- My Jeweler • Pretty Woman Boutique
- Sound Bites Grill • The View Coffee Café
- The Art of Wine • The De Serio Gallery
- The M.I.C. • Visions Fine Art • Wildflower Bread Company • Wisdom Arts
- www.PinonPointeSedona.com

10. TLAQUEPAQUE

A Sedona landmark since 1970, Tlaquepaque and Tlaquepaque North treats visitors to an excellent collection of over 45 galleries and shops bordered by five superb restaurants. Modeled after Guadalajara, Tlaquepaque offers outdoor dining as well as events, private parties and weddings. Open daily. Variety of shops & galleries • tlaq.com • 928-282-4838.

11. TOUCHSTONE GALLERY

Mother Nature's finest awaits you within the doors of Touchstone Gallery. Here is where

your natural history adventure begins. Here is where your fun and exciting shopping experience will mix with spectacular red rock views to create everlasting memories of northern Arizona. Step inside our premier Uptown Sedona gallery to discover a world of rare ancient fossils, magnificent mineral formations and natural art masterpieces. You'll unearth a hidden treasure trove of interior accents, vibrant crystals and mammoth to Megalodon fossils. Touchstone gallery's selection of Arizona's "rainbow" petrified wood is unsurpassed. Shop fantastic framed fish and plant fossils, distinctive geode "cocktail tables" and exclusive nature inspired home décor. Come in and find one-of-a-kind contemporary jewelry, stunning meteorite samples and multitudes of take home treasures. From the superb small gift to the rarest natural history collector specimens, Touchstone Gallery is Sedona's home of nature's art etched in stone. Open daily – Free parking! Uptown Sedona, Sinagua Plaza, • 320 N. S.R. 89A, Suite 14, Sedona, AZ • 928-204-4405 • touchstonegalleries.com

12. VICTORIAN COWGIRL ~ POSH BOUTIQUE

Not to be missed, Victorian Cowgirl has been a Sedona Icon for 22 years. Locals live for new arrivals and shop here regularly. Returning tourists make it their first stop. Owner, personal stylist, Candace Walters Dolan is known for her amazing style and it shows in her handpicked ultra-hip lines of contemporary clothing, boots, shoes and accessories from around the globe. Victorian Cowgirl offers Steam Punk, Retro & Cowgirl with all the trimmings, including a large selection of distinctive cowgirl boots! POSH offers modern imported lines from casual to sophisticated styles with a bit of edge, and it's all under one roof! Why You'll

VICTORIAN COWGIRL cont. on pg. 24

MEET ME AT THE CLOCK TOWER



In The Center Of Uptown at Jordan Rd & 89A



RedRockImpressions.com • 928-282-0991 • Suite 1



SonoKitchen.Com • 928-282-2016 • Suite 2



RCGormanGallery.com • 928-282-1700 • Suite 3



CEDIC PLAZA

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fineartamerica.com/profiles/1-heber-lopez

VICTORIAN COWGIRL cont. from pg. 22

Love It: Your visit will be nothing short of memorable! Can accommodate any personality & size. Personalized Styling Service to individuals or entire wedding parties. What You'll Find: Everything from fun casual wear like Johnny Was to uniquely designed Mother-of-the-Bride formal dresses & evening wear. Premium European imports mixed with eclectic clothing, jewelry and accessories. **LARGEST SELECTION OF COMFORT, EVENING AND FASHION FOOTWEAR.** 10% off when you mention this ad. Find Victorian Cowgirl & POSH of Sedona on Facebook for Daily Posts & Videos of New Arrivals! Also on YouTube – victoriancowgirlposh. Located at 181 SR 89A in Sedona. Just South of the Intersection where State Route 89A meets State Route 179 Hours: Monday through Saturday 10 AM - 6 PM • 928-282-0778
 • www.victoriancowgirl.com

13. WAYNE B. LIGHT SEDONA'S FINE JEWELRY & FINE ART EXPERIENCE

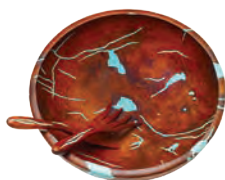
Visit these two-in-one intimate boutique galleries and find Sedona's jeweler since 1988, with an array of stunning jewelry featuring colorful gemstones and diamonds, and the "Inspired Cross" Collection by Wayne B. Light. Wayne B. Light, a second generation jeweler, has been designing jewelry and delighting the residents and visitors of Sedona for over three decades. The gallery features Wayne's custom designs along with other designers as well. The gallery also hosts an eclectic selection of wonderful art including watercolors, oils and acrylics, as well as whimsical art furniture, photography, and so much more.

• 40 Soldiers Pass Road • Suites 1 & 2, Sedona, AZ 86336 • 928-282-0999, or visit us at
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WINERIES

1. ALCANTARA VINEYARDS

alcantaravineyard.com

2. BODEGA PIERCE

bodegapierce.com

3. CHATEAU TUMBLEWEED

chateautumbleweed.com

4. CLEAR CREEK VINEYARD & WINERY

clearcreekvineyard.com

5. DA RANCH

daranch.com

6. JAVELINA LEAP

javelinaleapwinery.com

7. OAK CREEK VINEYARDS

oakcreekvineyards.net

8. PAGE SPRING CELLARS

pagespringscellars.com

9. SALT MINE WINE

saltminewine.com

10. SOUTHWEST WINE CENTER

southwestwinecenter.com

BREWERIES

1. BELFRY BREWERY

belfrybrewery.com

2. OAK CREEK BREWING COMPANY

oakcreekbrew.com

3. OAK CREEK BREWERY & GRILL

oakcreekbreweryandgrill.com

4. SEDONA BEER COMPANY

sedonabeerco.com

5. THAT BREWERY

thatbrewery.com

6. VERDE BREWING COMPANY

verdebrewing.com

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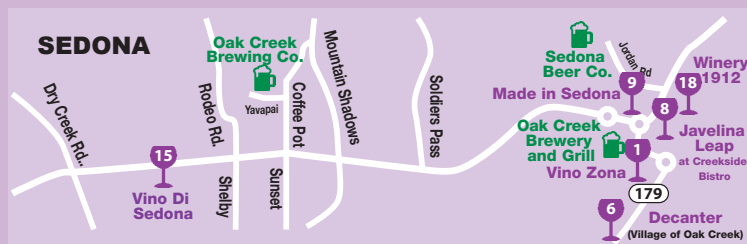
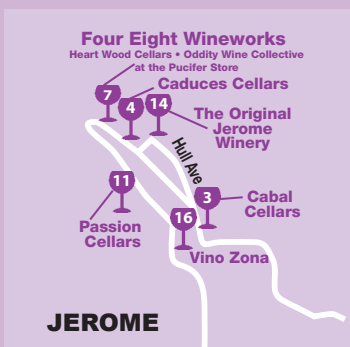
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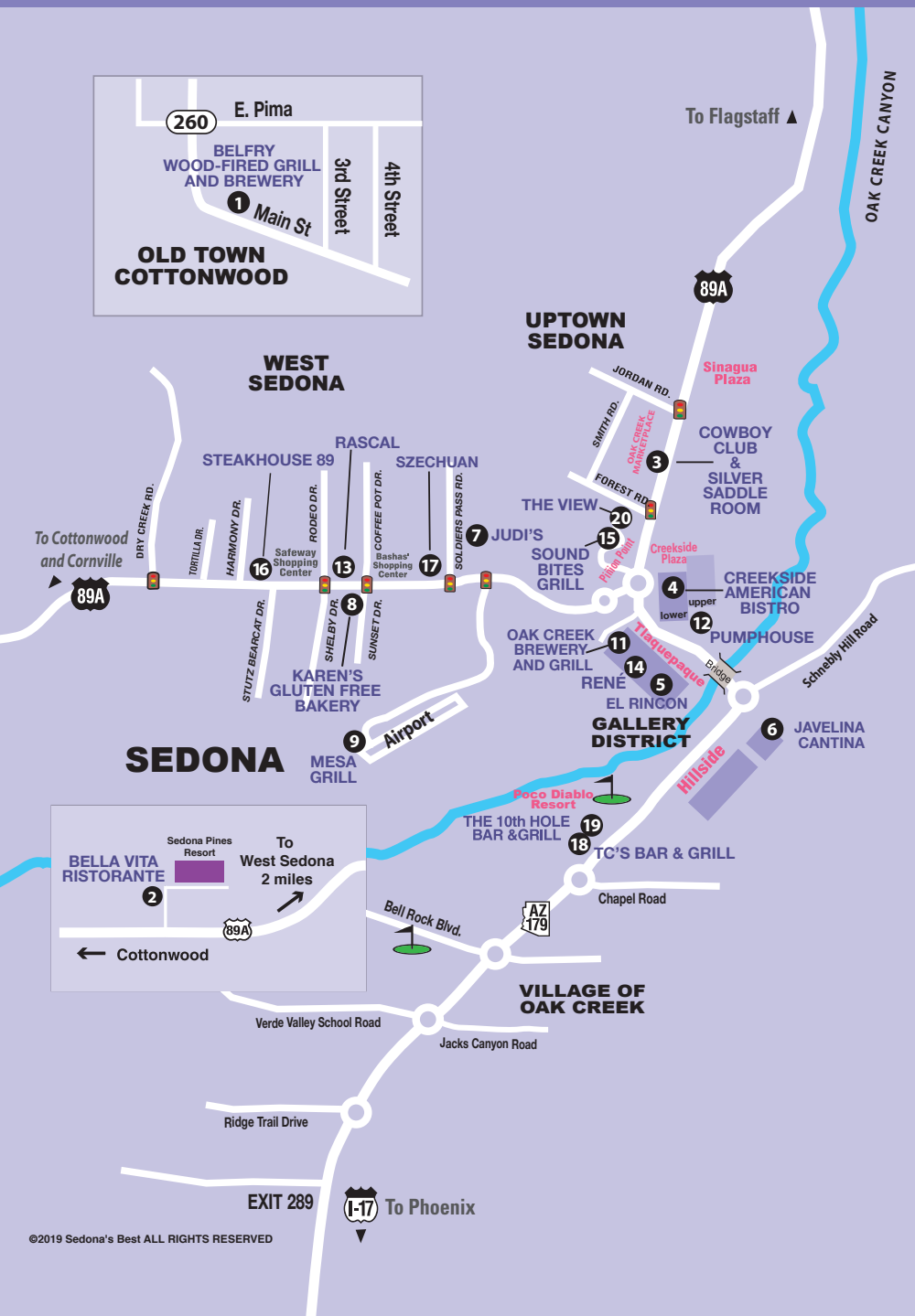
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1. BELFRY WOOD-FIRED GRILL AND BREWERY

Since the 1920s, this grand old 7,000-square-foot restored church has been an historic gathering place of Old Cottonwood. We added some new spaces like a beer garden for a casual drink with friends, a taproom for sampling our signature brews, spacious outdoor patios on two-levels and an upscale dining room with a full bar, with Jerome's Chef Bobby D's legendary wood-fired cuisine called New American Range. We offer impeccably-grilled premium meats, house-ground steak burgers or unique share plates to pair with our brews for a laid-back meal out on the patio. You can taste our recent range of beers—from a crisp lager to a robust IPA—in our taproom daily. Enjoy a pint or sampler flight with a handcrafted premium steak burger you won't soon forget. There's live music to tap your foot to on the weekends! When you hear the bell ringin', best come runnin'. We'll sound the town bell on the half-hour to let you know your first pint is half-off! Restaurant: Sun - Thurs 11a.m. to 9 p.m. • Fri - Sat 11 a.m. to 10 p.m. • Taphouse Hours: Mon - Thurs from Noon to 9 p.m. • Fri - Sat Noon to Midnight • Sun 10 a.m. to 9 p.m. • 791 N. Main Street, Cottonwood, AZ • 928.239.4595
 • BelfryBrewery.com
 • www.messenger.com/t/100001141208729

2. BELLA VITA RISTORANTE

Picture yourself dining on a fine-five star Italian meal, in a classy atmosphere, listening to great music and enjoying your drink while thoughtful servers make sure you have everything you need for a perfect night out. Bella Vita Ristorante makes it happen and visitors and locals keep coming back for more. Serving the finest authentic Italian cuisine in Northern Arizona, Bella Vita Ristorante is considered one of the best dining experiences in Sedona, providing live music every week during the summer months

featuring some of Sedona's top musicians and performers, with special concerts on Memorial Day Weekend, 4th of July weekend, and Labor Day weekend. Bella Vita's aesthetically classic environment provides the perfect rendezvous for a romantic date or a family outing. Let the stunningly designed atmosphere surround you while our chefs create a world-renowned Italian dish guaranteed to please even the most refined of palates, with an indoor fireplace, cozy nooks and a delightful outdoor patio. Let the charm of Bella Vita Ristorante wash over your senses and transport you into a place of old world tranquility. The secret ingredient that goes into everything we serve is love. We're very passionate about what we do. • 6701 W State Route 89A (Two miles past the last stop signal leaving Sedona, going towards Cottonwood). Open daily 5 to 9 p.m.

• 928-282-4540 • BellaVitaSedona.com
 • Dan@bellavitasedona.com

3. COWBOY CLUB THE SILVER SADDLE ROOM

The Cowboy Club Grille & Spirits is where high desert cuisine combines with more than fifty years of old west tradition and history. The Cowboy Club is a casual, family oriented restaurant with a full bar that has been serving Sedona and its guests for over 20 years. The décor is Western, showcasing the second largest set of Longhorns in the United States, a number of prominent Cowboy artists' work, and original wood walls from the building's early days as a saloon frequented by Elvis Presley and John Wayne. As featured on the Food Network, The New York Times and countless other outlets, the kitchen produces award-winning Angus and Buffalo aged steaks, perfectly prepared game and fresh seafood as well as signature dishes such as our Raspberry Plum BBQ ribs, Cactus Fries and Rattlesnake. We also feature our seasonal cocktail and beer

cont. on pg. 32

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[@oakcreekbreweryandgrill](https://instagram.com/oakcreekbreweryandgrill)

COWBOY CLUB cont. from pg. 32

menus as well as our popular margarita list. The setting of the Silver Saddle dining room is romantic, yet rustic with luxurious suede booths and a prominent rock fireplace. It is a casually elegant environment with patio and plaza dining when weather permits. The Cowboy Club opens daily at 11 a.m.

- The Silver Saddle opens nightly at 5 p.m.
- 928-282-4200 • CowboyClub.com

4. CREEKSIDE AMERICAN BISTRO

Comfort food with great views and breakfast until 2PM daily; a local's favorite since 2008. Located in the Creekside Plaza, just north of Tlaquepaque (at the intersection of 89A and SR 179). Creekside American Bistro is an eclectic, family restaurant with friendly staff and one of the most beautiful Red Rock Views in Sedona. Seasonal menus are the creation of Chef Mercer Mohr, Sedona's only certified Executive Chef and San Francisco "Chef of the year" award winner. Chef Mohr prides himself on using the freshest, top quality ingredients in his rustic cuisine. Creekside's award winning Happy Hour serves up creative sharing plates & cocktails at the best prices in town. Open for breakfast, lunch & dinner, 7:30 am-9:30 pm. Breakfast until 4 p.m. Creekside is just a casual fun place to meet Sedona locals and get a home cooked meal. Bring your furry friend to Creekside's Pet Friendly Patio and try the Chef's Doggie Menu.

- 251 State Route 179, Suite B8, Sedona AZ
- CreeksideSedona.com • 928-282-1705
- Creekside American Bistro is a Mercer's Kitchen.com concept.

5. EL RINCON RESTAURANTE MEXICANO

Nestled in the splendor of Tlaquepaque Village, El Rincon features the finest "Arizona Style Mexican Cuisine" and No. 1-rated margaritas. El Rincon founded in 1976 is the originator of "Arizona Style Mexican Cui-

sine," a blending of traditional Mexican food with Navajo influences. Specialties include: hand-rolled Chimichangas, Navajo Pizzas and Fruit Chimichangas for dessert. Dine inside or on the patio under giant sycamores. Open for lunch and dinner daily. Creekside entrance Tlaquepaque, 336 S.R. 179, Sedona. MX, L/D/VEG, CAS, MC/V, \$\$

- 928-282-4648 • Elrinconrestaurant.com

6. JAVELINA CANTINA

Voted Sedona's Best Mexican food by Tripadvisor for 2017, Javelina Cantina is Sedona's #1 Sonoran style food destination. Enjoy your meal inside or out on our scenic Red Rock terrace or Arizona patio room. Sizzling fajitas, tacos, margaritas and much more! Take advantage of our happy hour in the bar from 3 to 6 p.m. daily! Dog-friendly patio with amazing views, as well as a perfect place to bring large groups! Javelina Cantina is open daily at 11:30 a.m.

- Located at 671 S.R. 179 in the Hillside Shopping Center • 928-282-1313
- javelinacantinasedona.com

7. JUDI'S RESTAURANT

Judi's Restaurant has been a local favorite for more than 30 years. We are proud to offer the finest quality of ingredients and selections on our Continental menu from Angus Steaks, Burgers and Prime Rib to St. Louis Ribs (half and full racks), Chicken, Pasta, and fresh Seafood. Judi's offers fresh made soup and salads with homemade dressings. We even bake our own breads, buns and dinner rolls. When it comes to desert -Look Out- all of it is homemade including the ice creams. YUM! Thirsty? Of course we also offer a full bar along with local wines and beer. We also offer wines from Napa, Australia, Germany, Toscana Italy, and beyond. Come and enjoy Judi's quaint dining rooms as so many have through the years. We also have a pet

cont. on pg. 38

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JUDI'S RESTAURANT *cont. from pg. 34*

friendly patio, (weather permitting). Judi's is currently closed on Wednesdays. Open 8 a.m. to 11 a.m. for Breakfast; 11 a.m. to 5 p.m. for lunch and 4 p.m. to 9 p.m. for dinner. Happy Hour: 4 to 6 p.m. Monday through Friday — Noon to 4 p.m. Saturdays. Call for reservations 928-282-4449 • e-mail us @ drop-us-a-line@msn.com or look us up on the Web @ www.sedonarestaurants.com (menu and map available).

8. KAREN'S BAKESHOP GLUTEN FREE

Karen's Bakeshop offers Gluten/Dairy/Processed Sugar Free cookies, donuts, brownies, cupcakes, breads, mixes, chocolates and more! They all taste delicious, but you feel great after eating them because of the high quality, healthy ingredients. Savory options: soup, sandwiches made on our fresh baked bread/buns, organic veggie quiche, veggie pizza, toasted sourdough bagels offered daily. Drinks like coffee/tea/matcha/hot cocoa and locally made kombucha are all to be found here. Entertainment and local products are part of the bakeshop and Sedona Healthy Kitchen which is a commissary kitchen for local entrepreneurs to use to create their one-of-a-kind products to sell at stores and different places in Sedona. Outside seating is available and curbside pickup! Gluten Free cakes made to order for all celebrations. Karen's Bake Shop is located at 2081 West S.R. 89A, Suite #6, Sedona AZ 86336. • 928-862-4197 • 330-340-8314
• Krussell1955@gmail.com
• www.karensglutenfreeliving.com

9. MESA GRILL SEDONA

Picturesque, modern restaurant with incredible sunset views, serving Chef driven organic menus. Open for breakfast, lunch, dinner & Sunday brunch. Mesa Grill features local organic produce and creative Southwest fare. Bring your furry friend to the Mesa's Pet Friendly Patio and try the Chef's Doggie Menu. Mesa Grill Sedona is open from 7am to 9 pm

daily. The menu is inexpensive to moderately priced, and offers healthy salads, burgers, sandwiches and fresh seafood. Happy Hour is from 4PM to 5:30 PM daily. Watch the planes take off while enjoying a Mimosa Flight and original dishes created by Chef Mercer Mohr. Chef Mohr comes to Sedona from San Francisco where he worked as the Executive Chef of the Four Seasons Hotel and was named San Francisco "Chef of the Year." • 1185 Airport Road • Sedona AZ 86336 • Large events & wedding packages available

• 928-282-2400 • MesaGrillSedona.com
• Mesa Grill Sedona is a Mercer's Kitchen.com concept

10. MERCER'S KITCHEN.COM

Mercer's Kitchen.com is actually the catering side of the company. Mercer's Kitchen.com caters to affordable, chef driven menus as well as higher-end, custom menus for the more discriminating clientele. If you are looking for a Sedona wedding venue or a corporate retreat with amazing red-rock views, please inquire at mercerskitchen.com. We offer several event venues for every budget. For gatherings up to 150 guests, let Chef Mercer show you what his restaurants can do.

From the stunning Creek side views of the Red Rocks to the spectacular sunsets at Mesa Grill, Chef Mercer Mohr has brought his San Francisco style cuisine to one of the most picturesque places in the Southwest. Chef Mercer was awarded "San Francisco Chef of the Year" for his innovative wine dinners and contributions to the New American Cuisine emergence. Chef Mercer's Wild Thyme Cookbook is now available. Checkout one of Chef Mercer's Sedona restaurants at mercerskitchen.com. MercersKitchen.com

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• PO Box 138 • Sedona AZ 86339
• Chef Mercer @ 415-305-3248.

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Rascal



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11. OAK CREEK BREWERY & GRILL

Glistening copper tanks accent the Old World style oak bar at Sedona's own brewpub, nestled among the shops of the Tlaquepaque Arts & Crafts Village. The opulent oak wood and polished stone dining area has a classy charm, and the award-winning lagers and ales that flow from those copper tanks have the substance to match the elegant yet casual interior style. They are the perfect complement for Angus Beef charbroiled burgers as well as signature pizzas prepared in the Grill's oak fired oven. Though landlocked, guests return time after time for the phenomenal fish and chips and the Red Rock Ribs are a Sedona favorite. Patio dining is available. Open daily for lunch from 11:30 a.m. to 3 p.m. and dinner 5 p.m. to close. • MC, Visa, Amex, Discover • 336 S.R. 179, Suite D201 at Tlaquepaque Arts & Crafts Village. • 928-282-3300 • oakcreekbreweryandgrill.com

12. PUMP HOUSE STATION URBAN EATERY & MARKET

Pump House Station offers an urban eclectic indoor setting with patios shaded by giant Sycamore Trees creating a peaceful dining experience. We invite you to join us for Breakfast, Lunch and Dinner. Our menu and daily specials focus on fresh, organic, sustainable foods whenever possible. Our passion and commitment in supporting American Farms and local Artisans help us to insure great flavors, textures and presentations. Stimulate your palate and delight your senses in our casual eatery offering fine dining techniques and quality ingredients. We are now hosting Private Events & Special Occasions. Book yours today. Open Daily @ 7 a.m. for Breakfast and Lunch Espresso Bar with Organic Coffees: Full Bar, Specialty Cocktails, Wines and Local Draft Beers. Dinner served @ 5 p.m. Tuesday thru Saturday. Pump House Station Urban Eatery and Market is located in Tlaquepaque

North • 313 State Route 179 • D10
• Sedona, AZ 86336 • 928-862-4141

13. RASCAL

Rascal, one of Chef Mercer Mohr and partner Mithat Evigren's latest whimsical, neo-diner concepts is winning sweeping accolades, creating a "Modern Diner Experience" for those who enjoy innovative dining. Located at the new boutique Wilde Resort & Spa in West Sedona, the Rascal menu takes foodies on an epicurean adventure from mischievous to magnificent. Playful "adult boozy shakes & smoothies" add a grownup version of the old-fashioned treat. Be sure to check out the featured c section and all-day breakfast until 4 p.m. The Mercer Team has created their own American and French oak wood-toasted, barrel-aged Bourbon called Shine. Wine lovers will feel spoiled with eight white and eight red wines on tap along with seasonal cocktails. Rascal can handle weddings up to 150 guests. Smaller private parties of up to 50 guests can rent the private dining room. Business meetings up to 20 people can reserve the Board Room that is equipped with TV's and Wi-Fi. Your furry friend will wag with approval over their special Doggie Patio Pet Menu. What are you waiting for you rascal, you! 2250 SR 89A • Open 7 days a week for Breakfast, Lunch and Dinner • Closed daily from 3pm-4pm • Happy hour 4 pm - 6 pm. • (928)-852-1852 • RascalRestaurantSedona.com

14. RENE'S RESTAURANT

As you stroll through the beautiful courtyards of Tlaquepaque, you will find Rene's restaurant, a Sedona landmark for 40 years. Upon entering Rene's you will feel transported to a simpler time where you can relax and not feel rushed. Your senses will be aroused by the calm trickling water from the fountains in the courtyard as you dine on the signature Rack of Lamb, Dover Sole, Venison of Antelope or one of the many intriguing dishes. After you have finished the



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last delightful morsel of your entree, do not deprive yourself of dessert. Consider a flambé tableside, it is a sensory delight. The experience will take you from enjoying the aroma of butter sizzling in the pan and sugar caramelizing to the adrenaline rush of the magnificent flame. Suddenly your palate will discover the total delight of the tantalizing flavors. When in the area, stop in and say "Hi" to Chef Walter Paulson and his family. Become part of Rene extended family. Located in Tlaquepaque • 336 S.R. 179, SteB-118, Sedona AZ • 928-282-9225
• renerestaurantsedona.com

15. SOUND BITES GRILL

Food, Fun and Music! Award Winning Sound Bites Grill is an entertainment restaurant located in Uptown Sedona, at the Hyatt Pinon Point Resort. Open for Lunch and Dinner

this restaurant's menu features fresh fish, seafood, and all-natural hand cut beef, all-natural chicken, all homemade with a large variety of tasty, healthy choices. The restaurant also has a separate Plant Based Menu. With an impressive wine list and an exceptional wines by-the-glass program they offer Sedona's BEST Wine Tasting every Wednesday from 5-7 pm for only \$20 per person. Enjoy the best of Sedona with the panoramic red rock views while dining from on "The Edge" patio. The Celebrity Show Room features Sedona's Best Entertainment and dancing and is separate from their main dining room and patio where you will enjoy red rock views. Famous Autographed guitars adorn the walls of the restaurant & showroom. The Celebrity Showroom is equipped with a professional stage, lighting and sound system which is great for large

cont. on pg. 44

SOUND BITES GRILL cont. from pg. 43

groups, corporate parties, and large receptions. Tour operators love this venue! Family Friendly they are Open 11 am - 9:00pm with Late Night Dining until 10:00 pm on Fridays & Saturdays. Seasonally hours may change.

- 101 S.R. 89A, Ste. F29, Sedona AZ.
- 928-282-2713 • info@soundbitesgrill.com
- soundbitesgrill.com

16. STEAKHOUSE 89

At Steakhouse 89 we focus on bringing you the freshest, most local and seasonal cooking possible. We work with local farmers, purveyors and producers to bring you what's fresh and what's in season. We only serve responsibly-raised meats, bake all of our bread from scratch every day in the restaurant and feature an extensive beer, wine and cocktail menu. The Steakhouse 89 team has worked to merge the finest fare to bring you the best Backyard Gourmet Cuisine with sterling service. Steakhouse 89 has a casual yet elegant environment and an approachable menu resulting in an incredible steakhouse. We can also accommodate events up to 300 people. Steakhouse 89 is open for dinner at 5 p.m. Tuesday through Sunday. Serving lunch Tuesday through Sunday from 11:30 a.m. to 2:30 p.m. and Happy Hour from 4 to 6 p.m. Live Music from 5 p.m. to 9 p.m.

- \$\$\$ AE/MC/V • 928-204-2000
- 2620 W. S.R. 89A, Sedona, AZ 86336
- www.steakhouse89.com

17. SZECHUAN RESTAURANT

Szechuan Restaurant is the home of Sedona, Arizona's favorite Szechuan food and sushi. Enjoy authentic Chinese and Japanese food. We also provide carry out orders and catering for parties. We are open Sun-Thurs 11 a.m. to 9:00p.m. • Fri-Sat 11 a.m. to 9:30 p.m. We deliver from 5 p.m. to 9 p.m. • L, D, LM, RS, CAS, \$-\$\$\$ AE/D/V/MC

- 1350 S.R. 89A The Olde Market Place
- 928-282-9288 • szechuansedona.net

18. TC'S BAR & GRILL

Discover Sedona's secret gem. Enjoy outdoor dining on the covered patio overlooking our lush golf course. The menu offers great food at affordable prices. TC's now has a doggie-dining area on the outside patio. Serving breakfast, lunch and dinner, 7-days a week. All your favorite beverages including a great selection of local microbrews and local fine wines. Catch your favorite sporting event offering the NFL ticket on our large flat screen televisions.

- 1752 SR 179 • C, B/L/D, CAS, AE/MC/V, \$\$
- 928-203-5936 • PocoDiablo.com

19. THE 10TH HOLE BAR & GRILL

Sedona's Sports Bar! All your favorite beverages including a great selection of local microbrews and local fine wines. Catch your favorite sporting event offering the NFL ticket on our large flat screen televisions. Poco Diablo Resort, 1752 SR 179. • S,L/D/VEG, CAS, AE/V, \$\$. • 928-203-5940 • PocoDiablo.com

20. THE VIEW COFFEE CAFE

"Brews & Views That Are Out of This World!" – Proudly serving Starbucks coffee with the best views in town; The View Coffee Café serves Breakfast and Lunch with quick service and healthy choices in mind. The café features Chameleon Nitro Cold Brew as well as power smoothies. You will enjoy locally sourced, fresh baked muffins & pastries; quick healthy bites and hot breakfast on the go or dine in. You may order online or call ahead. Friendly baristas provide customer service with a smile! Open 7 days a week they offer one of Sedona's best outdoor patios with red rock views.

- Sun-Thurs: 6am-5pm • Fri. & Sat: 6am-6pm.
- www.theviewcoffeecafe.com
- (928) 852-1801 • Located at the Shops at Pinon Pointe, Uptown Sedona. • South Court-yard, Unit F28 • Free Parking Hours may change seasonally. Look for the Espresso Lane!



Rascal



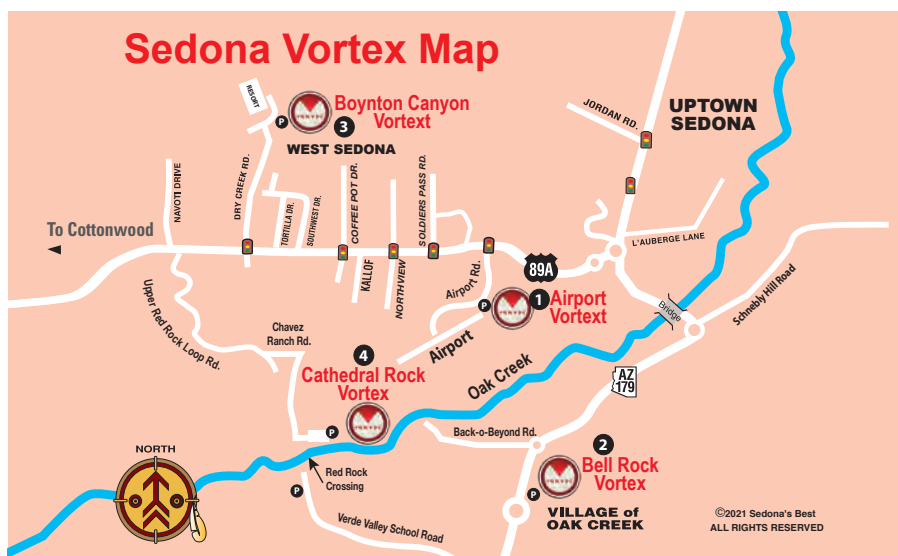
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Crafted Cocktails • 16 Wines On Tap • Barrel-Aged Bourbon • Doggie Menu
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RascalRestaurantSedona.com



B = Breakfast BR = Brunch L = Lunch GF = Gluten Free D = Dinner VEG = Vegetarian V = Vegan HH= Happy Hour	RR= Reservation Recommended RS= Reservation Suggested	CAS= Casual SF=Semi Formal F=Formal
Entertainment LM = Live Music K = Karaoke DJ = DJ D = Dancing	Price Range \$ = under \$12 \$\$ = \$12–\$18 \$\$\$ = \$18–\$28 \$\$\$\$ = \$28 & up	Credit Cards AE = American Express D = Discover MC = Mastercard V = Visa

	Map Number	Meals Served	Alcohol Served	Entertainment	Reservations	Dress	Price Range	Credit Cards
American								
Belfry Wood-Fired Grill & Brewery 928-239-4595	1	BR/L/D	YES	YES	RS	CAS	\$-\$-\$-\$	AE/D MC/V
Creskide American Bistrol 928-282-1705	4	B/L/D VEG/GF	YES		RS	CAS	\$-\$-\$-\$	AE/D MC/V
Oak Creek Brewery & Grill 928-282-3300	11	L/D VEG/V	YES			CAS	\$-\$-\$-\$	AE/D MC/V
Asian/Chinese/Japanese								
Szechuan Restaurant 928-282-9288	17	L/D	YES			CAS	\$-\$-\$-\$	AE/D MC/V
Bakery/Coffee House								
Karen's Gluten-Free Bakery 928-862-4197	8	B/L/D VEG/GF		LM		CAS	\$	AE/D MC/V
The View Coffe Cafe 928-852-1801	20	B/L VEG/GF		LM		CAS	\$-\$-\$	AE/D MC/V
Continental/New American								
Judi's 928-282-4449	7	L/D VEG GF/HH	YES	LM	RS	CAS	\$-\$-\$-\$	AE/D MC/V
Sound Bites Grill 928-282-2713	16	L/D VEG	YES	LM D	RS	CAS -SF	\$-\$-\$-\$	D/MC V

	Map Number	Meals Served	Alcohol Served	Entertainment	Reservations	Dress	Price Range	Credit Cards
Continental/New Diner								
Rascal's Restaurant 928-203-4111	14	B/L/D VEG/V GF/HH	YES	LM D	RS	CAS	\$\$\$	AE-D/ MC-V
Continental/Southwestern/French								
TC's Bar & Grill 928-203-5936	20	B/L/D VEG	YES		RS	CAS	\$	AE/D MC/V
René's Restaurant 928-282-9225	15	L/D	YES		RS	CAS	\$\$\$- \$\$\$\$	AE/D MC/V
Continental/Steakhouse								
Steakhouse 89 928.204.2000	18	L/D BR/HH VEG/V	YES	LM	RS	CAS	\$\$\$	AE/D V/MC
High Desert Cuisine								
Cowboy Club/ Silver Saddle Room 928.282.4200	3	L/D VEG	YES		RR	CAS	\$\$\$- \$\$\$\$	AE/D MC/V
Italian								
Bella Vita Ristorante 928-282-4540	2	D VEG	YES	LM D	RS	CAS	\$\$\$	AE/D V/MC
Mexican/Southwestern								
El Rincon 928.282.4648	5	L/D VEG	YES	LM		CAS	\$\$\$-\$\$\$	AE/D V/MC
Javelina Cantina 928.282.1313	6	L/D	YES		RS	CAS	\$\$\$	AE/D V/MC
New American Range								
Belfry Wood-Fired Grill & Brewery 928-239-4595	1	L/D	YES	LM	RS	CAS	\$\$\$- \$\$\$\$	AE/D MC/V
New American/Southwestern/Sports Bar								
Belfry Wood-Fired Grill & Brewery (Downstairs)	1	L/D	YES	LM		CAS	\$\$\$- \$\$\$\$	AE/D MC/V
Mesa Grill 928-282-2400	9	B/L/ D VEG/GF	YES		RS	CAS	\$\$\$- \$\$\$\$	AE/D V/MC
The 10th Hole 928-203-5940	19	L/D VEG	YES			CAS	\$	AE/D MC/V
Urban Eatery								
Pumphouse Station 928-862-4141	13	B/L/ D VEG/GF	YES	LM	RS	CAS	\$\$\$- \$\$\$\$	AE/D V/MC



SEDONA'S TOP FOUR VORTEX HIKING TRAILS

1. AIRPORT VISTA VORTEX

UPFLOW • ELECTRIC • MASCULINE

Directions: From the "Y" take 89A west 1.0 miles to Airport Road on the left. Turn left and go 0.5 miles and park in the turnout on the left. If you're looking to supercharge your prayers or mantras, perhaps the Airport Vista Vortex will take you there. This vortex supposedly will enhance your clarity and perspective on your life.

2. BELL ROCK PATHWAY

UPFLOW • ELECTRIC • MASCULINE

DIRECTIONS: To get to Bell Rock Vortex from the "Y" head south on State Rte 179. Take 179 for about 5 miles to the to the Scenic View Sign which is North Bell Rock Parking lot. The Bell Rock Pathway is a 3.6 mile trail. Along this pathway you'll enjoy fantastic views of Bell Rock, Courthouse Butte and other landmarks. Best known as a meditation site for inducing problem solving from an ethereal perspective, Bell Rock Vortex offers more than an opportunity to contemplate and reflect. The energy here is invigorating and assists in spiraling your prayers and goals to the universe.

3. BOYNTON CANYON TRAIL

INFLOW • MAGNETIC • FEMININE

Directions: From the "Y" go west 3.1 Miles turn

right on to Dry Creek Road until it ends. Go 5.9 miles and turn left onto Boynton Pass Road go 7.4 miles. Turn right onto Boynton Canyon Rd. Go 7.6 miles to the parking area.

The Boynton Canyon Vortex is near the entrance of the trail. Follow the Boynton Vista side trail for approximately a half a mile to the vortex located at the base of a rock spire, which is known as Kachina Woman. A feeling of getting more down to earth and coming home is elicited from the calming Boynton Canyon Vortex.

4. CATHEDRAL ROCK VORTEX

INFLOW • MAGNETIC • FEMININE

Directions: From the "Y" Go west towards Cottonwood. Go 4.2 miles. Turn left (south) to Red Rock Loop Road or US Forest Road #216. Go 6.2 miles. Turn left at fork in the road to go to Red Rock Crossing/Crescent Moon Ranch

Cathedral Rock is the most iconic formation of them all! It is not only the center of the vortexes but Cathedral Rock is also the most photographed, symbolizing Sedona's beauty and spirituality. This vortex is said to conjure up reflections of your past and its healing energy will refresh your perspectives and embellish your problem solving skills. This is considered the heart of Sedona.



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Geode Amethyst



Ascension Star



Crystal Ball



Sculpture by Karl Williams



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NATIONAL & STATE PARKS

1. DEAD HORSE STATE PARK

Cottonwood. Located along the Verde River with 330 acres of picnicking, campsites and a fishing pond. A bird watcher's paradise in late spring. Hwy 89A Cottonwood.

2. FORT VERDE HISTORIC PARK

Camp Verde. Located in the town of Camp Verde, this fort was built in 1871 mainly as a supply and operations base. Interesting museum of the time period. I-17 Camp Verde Exit.

3. JEROME STATE HISTORIC PARK

Jerome. An old ghost town, this park recreates the old copper mining town's picturesque past. Hwy 89A Southwest.

4. RED ROCK STATE PARK

Sedona. Over 286 acres of beauty are preserved for you to discover the nature of Sedona. Lectures, exhibits, videos and guided tours inform you on flora, fauna, wildlife, geology and history. Lower Red Rock Loop Road off Hwy 89A South, Sedona.

5. SLIDEROCK STATE PARK

Oak Creek Canyon. Mother Nature's natural slick waterchute in Oak Creek offers a thrilling way to cool off. Picnicking is allowed but pets and glass containers are not. About 5 miles North of Sedona on Hwy 89A.

6. GRAND CANYON NATIONAL PARK

The world's most spectacular wonder of geological events! The Grand Canyon is 227 miles long and 4–18 miles wide and about one mile deep. You can visit the South Rim, which is only two hours from Sedona. Hwy 89A North through Oak Creek Canyon to I-40 West in Flagstaff.

7. MONTEZUMA CASTLE NATIONAL MONUMENT

Camp Verde. A misnomer, this well-preserved ruin was named after the emperor but he never came this far. Built by the Si-

nagua people ("without water") between 1100–1400 A.D. this pueblo cliff dwelling is an excellent reminder of their superior level of civilization. I-17 South Exit 289.

8. MONTEZUMA WELL NATIONAL MONUMENT

Rimrock. Actually a natural sinkhole, the remains of this ancient cavern were created by water percolating through limestone. It provides about 1.5 million gallons of water each day. Ancient people considered it a sacred place. I-17 South Exit 293.

9. SUNSET CRATER NATIONAL MONUMENT

A beautiful 400-foot crater formed by a volcanic eruption in 1066 A.D. Ice is a year-round phenomenon in the Ice Caves nearby. Astronauts trained for lunar missions here because of the moon-like landscape. From Flagstaff, 12 miles North of the Flagstaff Mall on 89A, then 2 miles East on signposted road.

10. TUZIGOOT NATIONAL MONUMENT

Clarkdale. An Apache word for "crooked waters," this Indian ruin was probably named after the meandering Verde River. Built around 1000–1400 A.D. by the Sinaguans. Hwy. 89A South Clarkdale.

11. WALNUT CANYON NATIONAL MONUMENT

You can use your imagination and pretend to live the life of a Sinaguan as you descend the 3/4-mile winding trail past 25 cliff dwellings. Or choose the easier Rim Trail. From Flagstaff, 7 miles East on I-40 To Walnut Canyon Exit 204. Three miles South on a paved road.

12. WUPATKI NATIONAL MONUMENT

An estimated 2,000 archaeological sites are said to be found on this ruin. Wupatki Ruin offers a self-guided trail which includes a trip by an ancient ball court. (From Flagstaff Visitor Center it is 14 miles East of 89A.)

There are six campgrounds operated by the Forest Service totaling 173 sites. They are open on a "first-come, first-serve" basis from Memorial Day through Labor Day. However, Chavez Crossing is open year round and 11 sites at Cave Springs Campground are available for reservation; phone 877.444.6777. Private campgrounds, RV facilities and over 200 RV sites are available in Sedona. Call the Sedona Ranger Station 282-4119 or the Sedona Chamber of Commerce 282-7722 for more information. RedRockCountry.org



C.J. "Bear" Howard about 1900

Courtesy of Northern Arizona University Library, Special collections



Sedona and T.C. Schnebly 1897

Courtesy of Northern Arizona University Library, Special collections

SEDONA HISTORY

In a far away place in time, ancient winds began to blow rose-colored sand grains into magnificent mesas of crimson. These pinnacles have been sculpted by wind and water into monuments of timeless beauty called Sedona. The Hohokam had moved into the area by 700 A.D. Next, the Sinaguan means "without water," or farmers who rely on rainfall alone) arrived in the Sedona area. They were forced to leave after a violent volcanic eruption in 1066 A.D., which created the Sunset Crater. The residual volcanic ash, however, made the soils very fertile. This attracted the highly civilized Anasazi or "Ancient Ones" to join the returning Sinaguans. The Anasazi taught them to build sophisticated multi-storied pueblos, whose remains still stand today. Crude etchings in the rocks near ancient Indian ruins mark the beginning of Sedona's Art History. Their petroglyphs (etchings) and pictographs (paintings) are relished today as timeless art forms. They can still be viewed in the many Indian ruins that dot the Sedona area.

In the late 1300's, an unexplained occurrence caused these people to leave, almost overnight. Remnants of their corn cobs show they were still roasting in their fires! In 1583, it is believed that Antonio de Espejo was the first white man to travel to Red Rock Country. Pioneers, prospectors and trappers began to arrive in the early 1800s. In 1876 John "Jim" Thompson built his cabin in Oak Creek Canyon and became the first permanent white settler. An escaped convict from California,

named C.J. "Bear" Howard, built his hideout cabin at West Fork of Oak Creek. Bear Howard's cabin ironically became the Mayhew Lodge, where years later it was expanded and became a secret refuge of elite movie stars and presidents from around the world!

In 1901 a Pennsylvania Dutch couple, Theodore and Sedona Schnebly, moved to the area and purchased 80 acres. Hoping to get a post office established here, Theodore submitted the name "Schnebly Station." It was rejected because it was too long. His brother, Ellsworth, suggested using his wife's name. In 1902 the town was officially named "Sedona". Author and producer, Zane Grey wrote his famous book "Call of the Canyon". In 1923 Zane Grey convinced producer, Jesse Lasky to film the silent hit movie based on that book in its actual setting. After its success, film crews flocked to Sedona's beautiful Red Rock Country. Since then hundreds of movies have been filmed here. Today, the International Sedona Film Festival has become a world-class venue.

Another major landmark in Sedona's art history was the founding of the Cowboy Artists of America. Joe Beeler, Charlie Dye, John Hampton and Robert MacLeod founded this group on June 23, 1965 at the present day Cowboy Club Restaurant. Its purpose is to authentically perpetuate the memory and culture of the Old West. Sedona's Best invites you to embark on your own journey to discover and celebrate the wonderful, history, art and the beauty of Sedona.

SEDONA'S BEST HIKES



SCENIC & PHOTOGENIC HIKES

All Directions Start at the "Y" (the junction of S.R. 179 & 89A)

1 RED ROCK CROSSING

- 0.0 Go west towards Cottonwood
- 4.2 Turn left (south) to Red Rock Loop Road or US Forest Road #216
- 6.2 Turn left at fork in the road to go to Red Rock Crossing
- Crescent Moon Ranch - admission fee.
- Beautiful hike around Oak Creek leading to famous Cathedral Rock.

2 SCHNEBLY HILL VISTA

- 0.0 Go south on S.R. 179
- 0.3 Turn left at bridge to Schnebly Hill Road; continue over cattleguard. Road turns into a dirt road.
- 12.0 Parking area • Short hike to see vista. There's plenty of hikes along the way if you don't want to go to the top but it's well worth it.

3 WEST FORK (USFS #108)

- 0.0 Go north on S.R. 89A toward Flagstaff
- 10.3 miles
- 10.3 Parking area \$10 per car.
- An unforgettable hike crossing over rocks in shallow creek the first three miles. Further up it requires hiking in water above your knees or deeper.

4 BOYNTON CANYON (USFS #47)

- 0.0 Go west
- 3.1 Miles turn right on to Dry Creek Road; stay till it ends
- 5.9 Turn left on to Boynton Pass Road
- 7.4 Turn right onto Boynton Canyon Rd. Go to 7.6 parking area. Hike 1.5 miles to cliffside ruin.

FOREST SERVICE INFORMATION:
928-282-4119





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rich offering of various massage modalities and Packages. Discover our Native American Spa Inspired Rituals for an Inner Journey towards your True Nature including: "The Wheel of Life" Gem Stones Reading, "Vision Quest" A Sedona Experience and "Sweat Lodge" - A Steamy Spa Experience. In addition we offer couples massage and many tandem body treatments. Come to Sedona's New Day Spa. It's simply Magical! • 3004 W. S.R. 89A • Sedona, AZ 86336 • 928-282-7502 • SedonaNewDaySpa.com

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3. CRYSTAL CASTLE

Crystal Castle has served the Sedona community and their visitors from all over the world for over 30 years, providing quality crystals, gemstone jewelry, metaphysical books and gifts. We feature Tools for Evolution based on Marcel Vogel Power Cuts in crystal wands, high quality crystal pendants, rings and earrings. A new stunning line of Kate King's Vibrational "Jewellery" has taken Sedona in a storm! Please check our website for our yearly Trunk Shows held at CRYSTAL CASTLE.

Light Technology Publishing is represented in our store with its most interesting selection of books on Ascension, information on UFO Activity, Extraterrestrial Communications and perspectives on the True History of Earth. Our services include readings by trusted Psychic Advisors, an interactive 3-D Aura Station, Photon Genius Fullspectrum Infrared Sauna as well as our Biocharger, the V.I.B.E. Quantum-PulseEnergizer. • 928-202-0107 • 1350 West S.R. 89A Suite 24 - Next to Whole Foods.
• www.SedonaCrystalCastle.com

4. NAMTI SPA – Where the Locals Go!

Pamper yourself at NAMTI Spa, voted Best Massage Therapy 2021 by Sedona Red Rock News. Locally owned and operated since 2000, NAMTI offers a variety of services to ensure a relaxing, beautifying and healing experience. All treatments are performed by licensed



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ments. In addition to a full-service salon, NAMTI retails a variety of beauty products. **HEALTH & WELLNESS** sessions are to balance & detoxify the body, mind, & spirit. Unique Sedona-style offerings include: Ayurveda, reiki, chakra balancing, tachyon chamber, angelic, multidimensional, golden light & crystalline soul healing. Open 7 Days a Week • Walk-ins & Large Groups Welcome based upon availability. Rates begin @ \$89/ Hour • 60 Tortilla Dr. Sedona, AZ 86336 • 928- 282- 7737 • Full Menu at namtispaspa.com

5. GONE GREEN CBD

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cont. on pg. 58

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GONE GREEN CBD cont. from pg. 57

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6. THERAPY ON THE ROCKS

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Creek setting from the creek side whirlpool, redwood sunning/treatment decks and cozy treatment rooms overlooking a fifty-foot waterfall cascading down into beautiful Oak Creek. Your treatment will be individualized to meet your particular needs in a caring and respectful manner by highly trained therapists. Treatments are very effective in treating headaches, fibromyalgia, reducing pain, improving women's health and so much more. People are referred from all over the world to us when traditional therapy, medication or surgery has failed to produce the desired results. Experience the expertise, guidance, healing environment, and therapeutic hands-on Myofascial Release Treatment so that you can return to a pain free, active lifestyle! "Therapy On The Rocks" • 676 N S.R. 89A, Sedona AZ 86336 • 928282-3002, • www.TherapyontheRocks.net

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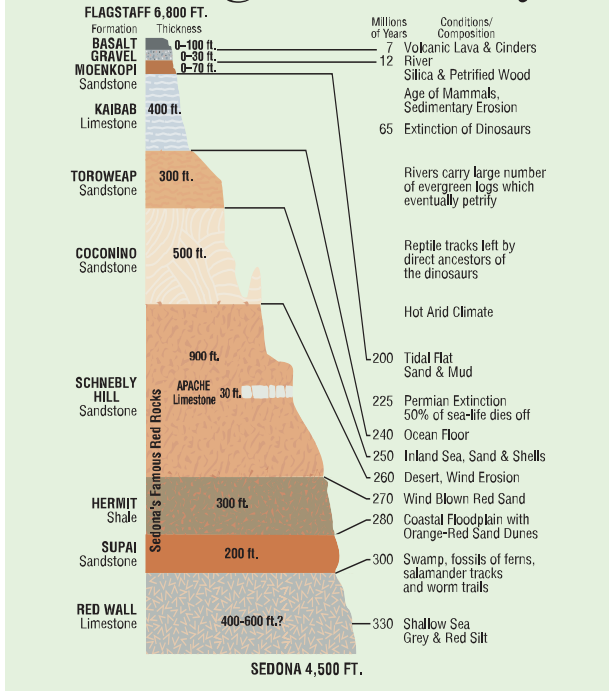
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Geological History



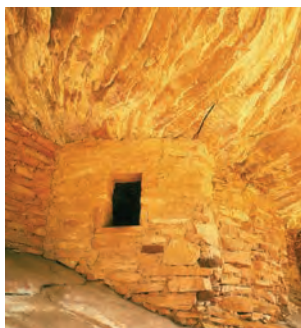
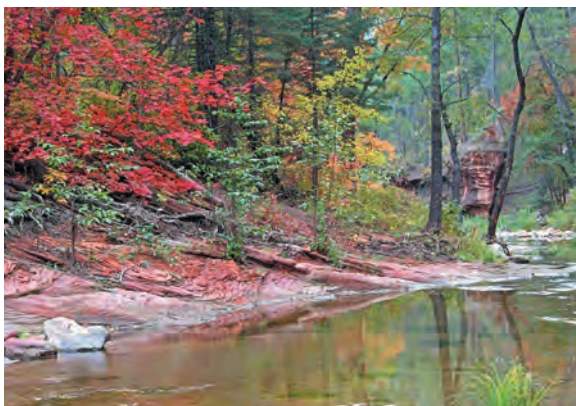
SEDONA'S RED ROCKS

Sedona's famous formations have been slowly created for over 350 million years of time. From oceans to deserts to volcanic eruptions, Sedona's geological events have been quite active, all contributing to the fascinating vistas we see today.

To understand the geological history of the area, imagine the surface of the land to be a gigantic layer cake about 5,000 feet (above sea level) high and about 150,000 square miles in area called the "Colorado Plateau". If we were to cut a slice of this cake, we would see about ten various layers of sedimentary rock signifying different geological events.

As you may notice in the diagram pictured here, the three formations, Schnebly Hill,

Hermit and Supai— compose the distinctive, beautiful formations of Sedona. This is due to their unusual susceptibility to erosion. The Supai Formation was named after the Havasupai Indians and is the softer, pale-pink to reddish-brown sandstone. Sedona's exceptional scarlet color comes from the red iron-oxide stains formed when flood plain deposits of iron minerals mixed with available oxygen at that time. Faulting helped the creek waters to break through the lava cap and carve the magnificent canyons. The forces of nature that have contributed to Sedona's colorful canyons and sandstone monoliths are many and today offer a powerful, panorama for all to behold!



SEDONA'S NATURE

Just as rare as Sedona's Beauty is the unusual diversity of plant and wildlife in this area. Due to a tremendous change in altitude of 2,000 feet, there are about eight plant communities from the top rim to the mouth of the canyon: Ponderosa Pine-fir Forests part of the largest in the world, Chaparral, Piñon-Juniper Woodland, Evergreen Oak Woodland, Arizona Cypress Woodland, Upper Riparian, Lower Riparian and Desert-Grassland. Many times these communities overlap and form new ones called "ecozones."

These varied communities, along with the dependable water supply from Oak Creek and West Fork, house over 300 species of vertebrate animals and over 55 types of mammals. In the remote areas, you may encounter black bear, mountain lions and bobcats. Within the city limits, it's not unusual to see a coyote or even a javelina parade across the street! With 80 types of fish, amphibians and reptiles you might meet up with harmless lizards known to scoot across the sidewalks in search of shade under a desert plant. The Sedona area

boasts over 550 species of seed plants like the prickly pear cactus. It blooms with gorgeous colored flowers. Also a useful plant (like most desert plants), the prickly pear bears a scrumptious fruit that residents turn into jellies and sauces. The agave or century plant sprouts a 12-foot asparagus-looking stem in just 7 days at the end of 25 years! The ancient Indians roasted this plant in pits. They ate it like we do artichokes and used the other leaves to make needles, thread, baskets, shoes, eating utensils, and more!

Appearing at first glance to be barren, the desert and surrounding Sedona plant communities are actually bursting with beauty, fascinating wildlife and are alive with plants offering hundreds of uses from shampoos to food for man's survival and comfort. If you'd like to explore Sedona's various canyons and wildlife, check with the Forest Service or see our hiking section for further information.



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1. ARABELLA HOTEL SEDONA

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2. ENCHANTMENT RESORT & SPA

If you're looking for the perfect location with stunning red rock views, this is the place! Located in Uptown Sedona within walking distance to shops, restaurants and tour offices, the Arroyo Roble offers a variety of room types, most with magnificent red rock views. Some rooms come with a fireplace and a whirlpool tub; all rooms come standard with a refrigerator and microwave. The most luxurious units are their fully furnished 2 bedroom, 2 1/2 bath, 1,300 sq. ft. villas, nestled on the banks of Oak Creek. Get your morning started with complimentary, full hot breakfast buffet and relax in the evening in the indoor/ outdoor pools, spa, sauna and steam room. AE/MC/V. Disc. AARP – AAA Discount. • 400 N S.R. 89A • 1.800.7SEDONA • 928-282-4001 • bestwesternsedona.com

cont. on pg. 65

Map Number/Hotel	No. of Rooms	Kitchenettes/Suites	Meeting Rooms	Fireplaces	Restaurant/Lounge	Room Service	N/S & Handicap Rms	Fitness Facilities	EV Charging Station	Pool/Jacuzzi/Hot Tub	Free Breakfast	Rates	Pets Allowed
1. Arabella Hotel Sedona 1-877-480-044 928-282-7151	144	•	•		•		•	•		P J HT	•	\$109- \$379	•
2. Enchantment Resort 1-800-826-4180 928-282-2900	218	some rooms	15	some rooms	•	•	•	•	5	P J HT		\$405- \$2000	•
3. Poco Diablo Resort 1-866-249-0259 928-204-3400	137	•	7	•	•	•	•	•		P HT		\$149- \$389	•
5. Sedona Real Inn & Suites 1-800-353-1239 928-282-1414	89	•					•	•		P J	•	\$124- \$262	•
6. Sky Ranch Lodge 1-800-916-4339 928-282-6400	94	•		•			•			P J		\$125- \$259	•
7. Sky Rock Inn 1-800-292-6344 928-282-3072	110	•		•			•	•	2	P J		\$129- \$279	•
8. The Wilde Resort & Spa (928) 264-7246	103		•	•	•	•	•	•	4	P HT		\$169- \$2000	•

3. POCO DIABLO RESORT

Full-service Sedona resort on 22-acres surrounded by spectacular red rocks. Nicely appointed spacious guest rooms with refrigerators, high-speed wireless Internet, golf, tennis, heated pool, fitness center, spa and concierge services. Specialty rooms feature in-room Jacuzzi, patio and fireplace. Full service meeting and banquet facilities. TC's Bar and Grill offers indoor/outdoor dining. Seasonal rates. • 1752 SR179 • 928-282-7333 or toll free 1-877-282-5755 • PocoDiablo.com

4. SEDONA.ORG

We are the premier property manager for vacation rentals in Sedona, AZ. With over 20 years in short-term rental industry we offer the best properties to visitors and fetch the highest ROI for our homeowners. If you're looking for some great homes-away-from-home in Sedona, we've got a great selection of beautiful Sedona vacation rentals that are sure to make your vacation perfect. Offering amazing furnishings, luxury amenities, and so much more! These Sedona Rentals are sure to make your vacation a memorable one! Contact us to experience the difference of what a professional service can offer you. Call 928.440.2576 • www.Sedona.org • reservations@sedona.org

5. SEDONA REAL INN & SUITES

Set off State Route 89A, this family-owned adobe-style hotel is a 9-minute drive from the Sedona Airport and 4 miles from Seven Canyons Golf Course. Warmly decorated rooms and suites have flat-screen TVs, DVD players, microwaves, minifridges and free Wi-Fi. Suites include living rooms and fireplaces; some have private patios and/or whirlpool tubs. Freebies include a breakfast buffet, loaner DVDs and use of toys for the outdoor pool. A fitness room has a treadmill, strength-training equipment and an elliptical machine. There's a private park-

like area with a dog area, a charcoal BBQ, a horseshoes pit and a fire pit surrounded by patio chairs. • 95 Arroyo Piñon Dr. Sedona, Arizona 86336 • 928.282.1414 • SedonaRealInn.com

6. SKY RANCH LODGE

Idyllic island above Sedona, minutes from all attractions featuring six acres of landscaped seclusion. Kitchenettes available, heated pool, Jacuzzi, walking paths and view in all directions. Best sunsets in Arizona. • 800-916-4339 or 928-282-6400 • 1105 Airport Rd. Sedona AZ 86336 • skyranchlodge.com

7. SKY ROCK INN

A resort style property with unbeatable views of Sedona's red rocks. Heated outdoor pool and hot tub. Three restaurants within walking distance. 1200 W. S.R. 89A • 800-292-6344 or 928-282-3072 • Skyrocksedona.com

8. THE WILDE RESORT & SPA

Adventure into the Wilde Resort & Spa with nature at your doorstep and luxury at your beckoning. Relax at the Wilde Haven Spa, poolside or by open fire pits in the Grove Gardens with an exceptional glass of wine from Chef Mercer Mohr's new Rascal Restaurant. We'll see you in The Wilde! 2250 West S.R. 89A Sedona • 928-264-7246 • thewilderesort.com



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QUICK CONNECTIONS

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APS 928-282-7128
aps.com Mon-Fri 8:30 am-5 pm

ARIZONA WATER COMPANY

AZW 928-282-5555
azwater.com Mon-Fri 8 am-5 pm

TELEVISION & INTERNET

Speed Connect 928-77-1111
speedconnect.com Mon-Fri 8 am-5 pm

Suddenlink 844-874-755
suddenlink.com Mon-Fri 8 am-5 pm

DIRECT TV 877-778-8364
directstarttv.com

RECYCLING & TRASH

Patriot Disposal 928-203-999
Curbside trash & recycling
patriotdisposal.com

Sedona Recycles 928-204-1185
sedonarecycles.org
2280 Shelby Dr

WASTE MANAGEMENT wm.com
Curbside trash & recycling

TELEPHONE & MOBILE SERVICES

Verizon Wireless 866-487-1222
gowireless.net

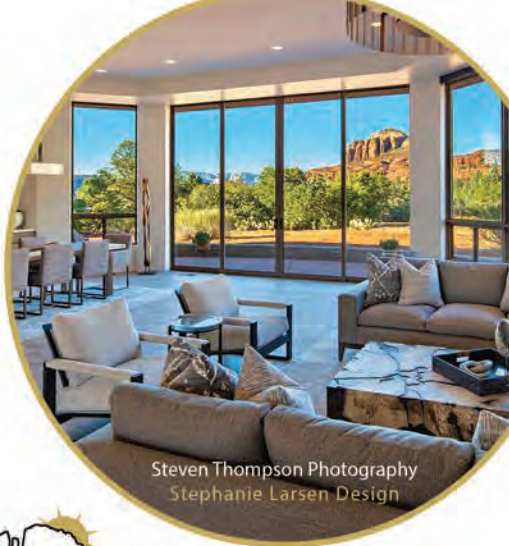
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1. AIRPORT

Sedona Airport Terminal 282-4485

2. BANKS WITH ATMS

- A. AmTrust Bank 282-7440
- B. Bank of America 282-4444
- C. Chase Bank 282-4127
- D. National Bank 204-1060
- E. OneAZ Credit Union (800) 671-1098
- F. Wells Fargo 282-7145

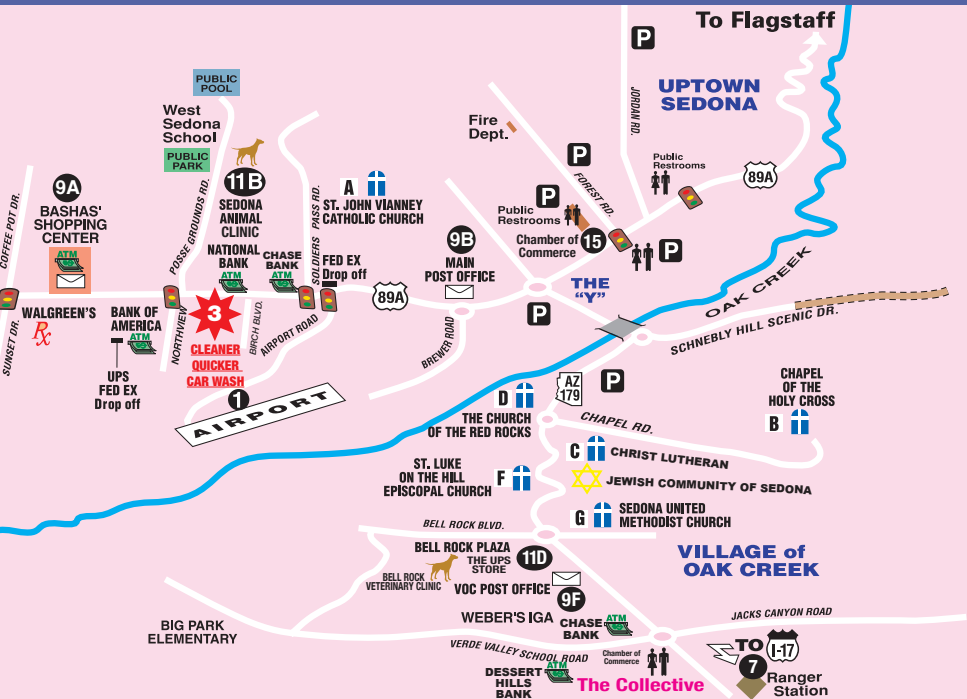
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4. CHURCHES

- A. St. John Vianney Cath. Church 282-7545
Soldiers Pass Road
- B. Chapel of the Holy Cross 282-4069
Chapel Road
- C. Christ Lutheran 282-1022
25 Chapel Road
- D. Church of the Red Rocks 282-7963
54 Bowstring Dr.
- E. St. Andrews Episcopal 282-4457
100 Arroyo Piñon Dr.
- F. St. Luke On The Hill 282-7366
Episcopal
- G. Sedona United Methodist 282-1780
110 Indian Cliffs Rd.



H. Unity Church

65 Deer Trail Dr.

I. Jewish Community Center

100 Meadowlark Lane

5. CITY TELEPHONE NUMBERS

EMERGENCY 911

Fire Dept 282-7101

Police Dept 282-3100

Coconino County Sheriff 1-800-338-7888

Yavapai County Sheriff 567-7710

Sedona City Hall 282-3113

6. COMMUNICATION /NEWSPAPERS/TV

6A. BEST OF SEDONA TV PRODUCTIONS

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6B. Sedona Red Rock News

298 Van Deren

6C. Sedona.biz

6D. Yavapai Broadcasting

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800-473-5873

7. HIKING

Sedona Forest Rangers

8375 State Route 179

www.fs.usda.gov/activity/coconino/recreation/hiking

928.282.4119

8. LIBRARY

Sedona Public Library

3250 White Bear Rd • sedonalibrary.org

928.282.7714

9. MAILING & SHIPPING

9A. Bashas

160 Coffee Pot Drive, Sedona, AZ 86336

9B. Main Post Office

190 W State Route 89A, Sedona, AZ 86336

(928) 282-9541

282-3511

MAILING & SHIPPING cont. on pg. 70

MAILING & SHIPPING cont. from pg. 69

9C. Nationwide Pack & Ship (928) 282-1804
2675 W State Route 89A, Sedona, AZ 86336

9D. The UPS STORE (928) 282-1967

SAFeway PLAZA
2370 Arizona 89A #11, Sedona, AZ 86336

9E. West Sedona Post Office 282-3482

2081 W State Route 89A Ste 12,
Harkins Plaza, Closes 1-2 pm for lunch

9F. Village of Oak Creek Branch 284-3506
45 West Cortez

10. MEDICAL

EMERGENCY 911

A. NEXTCARE URGENT CARE 203-4813

B. Sedona Police (non-emergency) 282-3102

C. Sedona Rescue Ambulance 282-6800
(non-emergency)

D. Flagstaff Medical Center 779-3366

E. Sedona Medical Center 204-3000

11. PET

GROOMING & BOARDING

A. Classy Critters (928) 282-4426

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VETERINARIANS

B. Sedona Animal Clinic 282-4133

100 Posse Grounds Rd

C. Oak Creek Small Animal Clinic 282-1195

3130 W. HWY 89A

D. Bell Rock Veterinary Clinic 284-2840

45 Bell Rock Plaza

12. PUBLIC RESTROOMS

A. Chamber of Commerce

B. Jordan Side of Uptown Mall

C. Sinagua Plaza

D. Pink Jeep Plaza

13. REAL ESTATE

A. ROY GRIMM, PHD (928) 300-0690

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B. WILL HAMBURG REALTOR (928) 323-0031

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- OwnInSedona.com

- Realty One Group Mountain Desert

- 3150 W. S.R. 89A, Sedona AZ 86336

14. SCHOOLS

PRIMARY & SECONDARY SCHOOLS

Sedona-Oak Creek Unified School District #9

221 BREWER RD.

928-204-6800

CONTINUING EDUCATION

Coconino Community College 527-1222

Yavapai College 445-7300

Sedona Center for Arts 282-3809

Osher Lifelong Learning Institute 649-4275

Ollisv.org

Northern Arizona University 523-9011

Nau.edu

15. VISITOR INFORMATION

CHAMBER OF COMMERCE 282-7722



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